# Repairing bodies and rebuilding lives in the Asia Pacific region

Interplast Australia & New Zealand Annual Report 2019-2020







Two student nurses from the Fiji National University practice dressing techniques learned in the Interplast nurse education program, July 2019.

#### About us

Interplast Australia & New Zealand (Interplast) sends teams of volunteer plastic and reconstructive surgeons, anaesthetists, nurses and allied health professionals to provide life-changing surgery and health professional training in 17 countries across the Asia Pacific region.

We do this in partnership with local organisations, including hospitals, universities and local NGOs. Our purpose is to 'repair bodies and rebuild lives' and we do this by providing surgical services to those who could not otherwise afford or access these, and through building the capacity of local medical systems through our training and mentoring programs.

Interplast is an accredited NGO with the Department of Foreign Affairs and Trade (DFAT), registered by the Australian Charities and Not For Profit Commission (ACNC) and is a signatory to the Australian Council for International Development (ACFID) Code of Conduct.

Interplast was initially established in 1983 by the Royal Australasian College of Surgeons in partnership with Rotary. Interplast is a company limited by guarantee.

#### Our vision

People in developing countries across the Asia Pacific region have timely access to high quality surgical, medical and allied health services.

#### Our mission

To enhance people's health and wellbeing by enabling access to life-changing reconstructive surgery and related medical services.

#### Our purpose

Repairing bodies, rebuilding lives.

#### Our values

We respect the values, cultures and perspective of the countries and people with whom we work.

In all our endeavours, Interplast remains independent of any political or religious affiliations.

We value and harness the support, input and contributions of our volunteers, donors, partners and staff.

#### Our philosophy

Interplast delivers and enables surgical and related medical services of the highest standards where patient welfare is always of paramount concern.

Interplast is collaborative in its approach, building partnerships and fostering strategic alliances.

Interplast's Development Philosophy is underpinned by the fundamental principle that solutions, changes and impact are determined by local needs and should be sustainable and enduring.

Measuring and understanding the impact of the Interplast initiatives is critical to all aspects of our strategy. Accordingly, we embrace transparency, evaluation and accountability in all Interplast's undertakings.

Interplast responds to needs or opportunities as they arise and as its resources allow. In doing so, Interplast directs its resources and expertise in areas where it can achieve the greatest impact, ideally to those experiencing the greatest disadvantage.

(Interplast Australia & New Zealand Strategic Plan 2018-2021)

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#### Design:

www.majc.com.au

#### Cover photo:

A young boy, following his surgery with the visiting Interplast team in Vientiane, Laos, February 2020.



Interplast Australia and New Zealand is actively supported by Rotarians in Clubs and Districts throughout Australia and New Zealand.



The Royal Australasian College of Surgeons established Interplast with Rotarians and the Fellows remain active supporters.



Interplast Australia and New Zealand is a member of the Australian Council for International Development (ACFID) and signatory to the ACFID Code of Conduct.



## The year at a glance

1	Bangladesh	6 Programs	Training & Mentoring Planning & Evaluation
2	Bhutan	4 Programs	Surgical Training & Mentoring
3	Fiji	14 Programs	Surgical Training & Mentoring Planning & Evaluation
4	Indonesia	1 Program	Training & Mentoring
5	Kiribati	3 Programs	Surgical Training & Mentoring Planning & Evaluation
6	Laos	4 Programs	Surgical Traing & Mentoring
7	Mongolia	4 Programs	Surgical Training & Mentoring Systems Strengthening
8	Myanmar	7 Programs	Training & Mentoring

9	Nepal	4 Programs	Training & Mentoring Planning & Evaluation Systems Strengthening
10	Philippines	2 Programs	Surgical
11	Papua New Guinea	1 Program	Training & Mentoring
12	Samoa	3 Programs	Surgical Training & Mentoring
13	Solomon Islands	2 Programs	Surgical Training & Mentoring
14	Sri Lanka	2 Programs	Training & Mentoring
15	Tonga	4 Programs	Surgical Training & Mentoring Planning & Evaluation
16	Vanuatu	6 Programs	Surgical Training & Mentoring Planning & Evaluation
17	Vietnam	3 Programs	Training & Mentoring Planning & Evaluation

<sup>\*</sup> Note: In addition to programs delivered across the Asia Pacific in our partner countries, Interplast welcomed participants from Micronesia, Tuvalu, the Cook Islands, Nauru, Afghanistan, the US and Canada through our various remote opportunities.

### Our four areas of work

At Interplast, we focus on four complementary areas of program work: surgical programs, training and mentoring, systems strengthening, and planning and evaluation. In the 2019-20 financial year we completed 47 programs.

#### Training and mentoring

These are programs that have a primary focus on training, from microsurgery to nursing and allied health (such as physiotherapy and hand therapy). This can involve larger programs, one-on-one mentoring, and bringing health care professionals to Australia, New Zealand or other regional countries for professional development opportunities.

**66%** 31 Programs

#### Surgical

Surgical programs focus primarily on treating patients, with some training built into the program through in-theatre mentoring and/or lectures.

**11%** 5 Programs

#### Planning and evaluation

These programs usually involve a combination of Interplast program staff, external consultants and health care volunteers visiting program countries to assess a situation to plan for new programs, or to monitor and evaluate the impact and effectiveness of existing programs.

**15%** 7 Programs

#### Systems strengthening

These programs involve working with our local partners to improve their systems, processes and resources to enhance patient care and health outcomes.

**8%** 4 Programs



Our patients	Our volunteers	Our work	
Number of operations	Number of volunteers mobilised overseas 74	Total number and types of program 4	7
Number of consultations	733	activities delivered	
Number of Allied Health procedures	Number of volunteers involved in online training and mentoring	Surgical <b>5</b>	
% of patients treated who are male	<b>55</b> %	Training 3	1
% of patients treated who are female	45%	Planning and Evaluation 7	
Oldest patient	(male, Samoa, removal of skin cancer)	Systems Strengthening 4	
Youngest patient	2 months old (male, Mt Hagen, PNG, surgery to remove extra fingers on both hands)		
% of patients who were under 18	55%		

## **President's and CEO's report**



#### **President's report**

Every year, the success of Interplast is due to the incredible contribution of our highly skilled volunteers who give freely of their time and talent. As the world grappled with a global pandemic and the importance of robust health systems and quality medical care became more pressing than ever, Interplast volunteers stepped up to deliver life-changing surgical and allied health services for those most in need.

As the President of Interplast Australia & New Zealand, I have never been more proud and thankful than I was during the 2019/20 year.

In July 2019 we never anticipated that the traditional Interplast programs we were delivering throughout the Asia Pacific region would later be interrupted by COVID-19 and the subsequent impacts on travel, healthcare, and volunteer availability. Despite the challenges, Interplast volunteers remained focused on delivering our life-changing programs and activities.

As you will see throughout this annual report, the later part of the year required innovation and continued passion to support our partners, and I am proud that we have been able to do so to an incredibly high standard. In-person training, mentoring and capacity building was modified and delivered online using digital tools. Support to strengthen health systems, rather than being delivered face-to-face, became a combination of video calls, instant messaging and email. Patients requiring surgery from Interplast teams were offered support by remote consultation and the provision of advice to our international partners. Behind every new way of working remained our incredible and dedicated volunteers. To every person who volunteered this year, thank you.

Our volunteers continued to be supported by the small staff team in our office. Whether mobilising teams overseas, navigating regulatory requirements across 17 countries or raising funds from our supportive donors, they all play a vital role in the provision of Interplast's programs. In recognising the staff, I wish to acknowledge former Chief Executive Officer, Prue Ingram, who left the organisation in December 2019. On behalf of everyone involved with Interplast, I thank Prue for her service and wish her every success in her future endeavours.

The organisation was pleased to appoint Cameron Glover as Chief Executive Officer following his time as Deputy CEO, and we look forward with confidence under his leadership.

The COVID-19 pandemic wasn't the only challenge for Interplast during this period. A five-year review of our work, whilst finding Interplast delivers exceptional outcomes across the region, resulted in a change to our government support and funding. Although an unfortunate outcome, the Board, management and staff are committed to further improvement and engaging with Government to again be recognised at the highest standard.

Even though our financial position remains strong, it is increasingly difficult to raise funds for international development and as we embark on a new financial year, the need for funding remains as important as ever. Our work does not happen in isolation. Our donors stand alongside us and we thank them for their continued support.

Like many organisations in 2019/20, Interplast has pivoted during the COVID-19 pandemic whilst ensuring we continue to deliver on our mission. My fellow Board directors have been instrumental in keeping the organisation strong during this time and I congratulate and thank them for their significant input. I also extend my thanks to those who serve on our many supporting committees.

Of particular note, I wish to acknowledge and thank departing Board Directors, Mr Brian Guest and Mr John Georgakis. Their commitment and passion for Interplast over many years has been invaluable. I also welcome new Board Directors, Ms Emma Simson, Mr John Dodd and Ms Margaret Jackson AC. I look forward to the contribution and expertise that each of you will bring to your time with Interplast.

As you review the activities highlighted in the 2019/20 annual report, be proud of everything that Interplast has achieved. Looking forward, Interplast will continue to repair bodies and rebuild lives to those in greatest need. That is something we can all be proud to celebrate.





## **Chief Executive Officer's report**

It is with great pleasure that I present my first annual report as Chief Executive Officer of Interplast Australia & New Zealand. Since the formation of the organisation in 1983, Interplast has much to celebrate.

The 2019/20 financial year was not without challenge. The emergence of COVID-19 effectively divided our year into pre and mid-pandemic. Prior to the declaration of COVID-19 as a pandemic by the World Health Organisation, Interplast continued to deliver traditional programs across the region. Our highly skilled surgeons, anaesthetists, nurses and allied health professionals delivered exceptional care to patients who would otherwise not have access to such life-changing support. As you will see throughout this report, the contribution of Interplast's volunteers remains our greatest asset.

Together, Interplast's highly skilled volunteers performed 333 operations and provided 733 consultations. Their positive impact will be felt for a lifetime.

Like everyone, Interplast was not immune to the impacts of COVID-19. Travel bans, border closures, changing needs of local partners, and other challenges arising from the pandemic meant that Interplast was unable to send volunteers to countries in need as the situation worsened. Some estimates suggest that

up to 23 million surgeries will not take place during 2020 as a direct result of COVID-19. Unfortunately, individuals across our region will be amongst those most affected.

Despite the challenges both professionally and personally, everyone involved with Interplast this year should be immensely proud of their work. Our Interplast volunteers stepped-up to ensure support was ongoing to medical personnel across the Asia Pacific region and I cannot thank them enough.

Specialist medical equipment was swapped for computers and web cams. Gloves and gowns were replaced by remote presentations and virtual mentoring. Following the restriction of travel, volunteers delivered many hours of remote support to Interplast's partners, through digital presentations, 1:1 virtual mentoring, case support and other innovative approaches.

Although our work has changed, our mission has not.

The financial year will be one to remember. Amidst the challenges faced by volunteers, partners and the broader organisation as a whole, the year is marked by adaptability, innovative practice and embracing opportunity.

None of this would have been possible without a dedicated, passionate and dynamic staff team. They faced every challenge with enthusiasm and a commitment to ensure patients and medical professionals in our partner countries remained central to all that we do. I wish to acknowledge their professionalism and the manner in which they approached this unprecedented year.

In addition to the great staff team, the organisation has continued to thrive under the guidance and leadership of a skilled Board of Directors who give freely of their time and talent. As the organisation navigated the challenges of COVID-19, the Board carefully balanced their governance

responsibilities with a firm commitment to patient, volunteer and staff care. I thank them for their guidance during this period.

Finally, at times of great global uncertainty, I wish to acknowledge our valued donors for their continued belief in our work, advocacy for access to timely medical care and promotion of the importance of plastic and reconstructive surgery across the Asia Pacific region. This year, more than any before it, our amazing donors have supported the organisation during a time of significant challenge and change.

Together, donors, volunteers, partners and staff have continued to repair bodies and change lives. As you read this report, let's continue to celebrate the success of the organisation and look forward to a strong and positive future.



#### Responding to a changing world



No one could have anticipated the challenges the world would face over the 19/20 financial year. In February 2020, after completing three, large in-country program activities across the Asia Pacific region, it became clear that our way of working was going to be different for the foreseeable future.

Unsurprisingly, our passionate volunteers immediately stepped up, reaching out to see what support they could provide to our partners across the Asia Pacific. Thanks to them, the strength of our relationships with local partners and our own rigorous planning processes, Interplast was able to rapidly and successfully pivot our work in response to the COVID-19 pandemic.

Our annual country planning, undertaken each year in February and March, allowed us to adapt to the current context and ensure that our response to the pandemic was developed in consultation with local partners and based on their needs. The key questions throughout this planning cycle included, how can we best support our local partners through this time, what are their needs, and how do we adapt what we do in-country in a strategic and planned way. Alongside this, in late 2019, Interplast had already begun trialling new ways of working remotely with international partners, giving us an advantage in pivoting our work.

Through all of these mechanisms, we were able to:

- Deliver global webinars reaching participants in over twenty-six countries.
- Provide online individual and small group mentoring across many countries, ensuring local medical personnel had access to critical advice, consultation and guidance.

- Establish the Interplast Online Education Series providing a range of courses previously delivered through in-person courses and workshops, as well as on new subject areas.
- Support the development and distribution of clinical and treatment guidelines on a range of topics for both medical personnel and individual patients.

Whilst we look forward to a time when we can visit and work alongside our local partners again, these forms of remote mentoring and education will continue to play a part in bridging the geographical gap between Interplast, volunteers and local partners long beyond the current impacts of the pandemic.

Whether it's in person or remotely, Interplast will continue our mission of enhancing people's health and wellbeing by enabling access to life-changing reconstructive surgery and related medical services.

5

### **Our work: Overview**

In recent years, Interplast has evolved the way we categorise and report on our program activities. While our focus is still on our four core areas of work: Surgery, Training and Mentoring, Planning and Evaluation, and Systems Strengthening, we have begun to further define our work under the following categories:

- · Teams mobilised to deliver clinical services & clinical training
- Teams mobilised to deliver non-clinical education activities (no patient treatment involved)
- Stakeholder engagement, planning and evaluation activities
- Supporting scholarships
- Supporting local partners to deliver local training activities
- Systems strengthening activities

These new categories greater reflect the complexity of our work in partner countries and provide a more detailed understanding to our stakeholders of the scope and breadth of the planning, preparation and implementation of our various activities throughout the year.

Further in this report, in Our Work: By Country, we provide a detailed breakdown of our activities in each country under these broader categories.

As always, Interplast continues our commitment to providing life-changing access to surgery and allied health to people in the Asia Pacific region who may not otherwise be able to access it. This might be through the direct provision of surgical programs or in our many other activities where patients still receive access to clinical services via our training programs and activities.



## **Our work: Surgery**

For over 35 years, plastic and reconstructive surgery has been at the heart of Interplast's mission to repair bodies and rebuild lives across the Asia Pacific region.

All over the Asia Pacific, millions of people with treatable conditions are living with disability, and in many cases dying, because they can't access or afford the care they need.

People who have a disability are more vulnerable to poverty than those who don't. Children with disabilities are less likely to attend school than children without disability. Adults with trauma to limbs may not be able to work and provide an income for their family.

Reconstructive surgery can change that. It can make a significant difference in patient outcomes and decrease the years of life lost due to a treatable physical impairment.

#### What does a surgical program involve?

An Interplast surgical program involves a team of four to seven volunteers including plastic and reconstructive surgeons, anaesthetists, nurses and allied health professionals such as occupational therapists, physiotherapists and speech pathologists. The program runs for one to two weeks and we work in partnership with a local hospital to deliver a program focused primarily on treating patients, but which also includes training of local clinicians.

#### Surgical programs in 2019-20

**5** Programs

**11%** Of program activity

733

Patient consultations\*

333

Operations\*

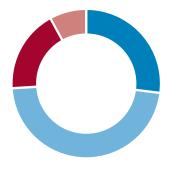
89

Oldest patient (male, Samoa, removal of skin cancer)

#### 2 months old

Youngest patient (male, PNG, surgery to remove extra fingers on both hands)

\* The consultations and operations took place during surgical programs and training programs.



#### Causes of conditions

**27**%

Congenital (e.g. cleft lip, cleft palate)

**47**%

Trauma, including burns

18%

Tumours (benign and malignant)

8%

Other (infective conditions and conditions that are inflammatory / degenerative)



#### Types of surgery

**15**%

Cleft lip and palate surgery

**12**%

Repair of other congenital condition

**28**%

Reconstruction following burns injury

**18**%

Reconstruction following (non-burns) trauma

**19**%

Surgical treatment of benign or malignant tumour

8%

Treatment of infective or degenerative condition



#### Samoa: Building brighter futures

Anulagi is a bright, three-year-old boy who lives with his family in Apia, Samoa. Full of energy and enthusiasm, his cleft lip was starting to affect his speech and he was becoming aware of his difference to other children.

An Interplast surgical team visited Apia in September 2019 and operated on 46 patients in collaboration with local partner Tupua Tamasese Meaole Hospital. Interplast has worked in Samoa since our inception in 1983 and run training and surgical visits each year to the island country.

Interplast volunteer surgeon Damian Marucci reviewed Anulagi and explained that he was born with a unilateral cleft lip, a gap in the upper lip on one side. To repair the cleft lip, an incision is made on each side of the cleft lip to the nostril. The two sides of the lip are then stitched together by rearranging the surrounding tissue. In addition to closing the lip, the repair includes realigning the muscle of the upper lip to provide normal lip function and facilitate sucking.

Before the surgery both Anulagi and his mother were understandably nervous. Associate Professor Marucci was able to comfort them speaking words of Samoan that he has learnt over the years of Interplast programs.

Associate Professor Marucci repaired the cleft lip alongside the local surgical registrar Dr Junior Posini. Anulagi's surgery was a resounding success and his mother is incredibly happy with the surgery result. She is happy that Anulagi will now be able to have a similar future to his friends and siblings.

## Mongolia: A young girl given opportunity

Enkhzaya lives in Dalanzadgad where she attends school while her family looks after their herds in rural areas. When Enkhzaya was just two years old she fell onto a pot of boiling water sitting over an open fire. This is a common occurrence in Mongolia as many families live in a yurt while they migrate their cattle from one area to another. At the centre of the yurt, there is often an open fire which is used for cooking and warmth.

Alongside school, Enkhzaya plays volleyball in a local competition, which she loves. The scar contractures to her left arm and foot were restricting her activities, and this year she had fallen and caused herself further injury.

The visiting Interplast team, with support from local surgeons, performed a scar contracture release on her foot with a full-thickness skin graft and a Z-Plasty to repair her arm. Enkhzaya and her family were very happy she was able to have the surgery required to improve her mobility and activities. She is excited to go back to playing volleyball and would like to study law at university in the future.

The night after her surgery Enkhzaya sent a message to the local surgeon and said "Thank you for everything and please send my deepest thoughtful words to the Australian Doctors. I am so happy, even if I say many thanks to you it is not enough. I owe a lot for your Doctors. Thank you very much."



#### Laos: Restoring hope

Liep, a 35-year-old construction worker from Bolikhamsai Province, is married with two daughters. Two years ago, Liep sustained a significant glass cut to his arm when working. By the time Liep saw the Interplast team, his right arm was completely non-functioning.

Liep spoke to us of his injury, "I have been unable to use my right arm for two years after the accident. I feel like a burden on my family. I am unable to earn money to support my family. The accident happened when my wife was 8 months pregnant. My wife had to get extra work to earn money. For the first year we had some savings, but the expenses increased after our second daughter was born. After that the economics was bad for our family and we had to receive help for our relatives."

Liep underwent surgery, releasing the elbow flexor biceps and brachialis to achieve active elbow flexion. Following the procedure, Interplast hand therapist, Sharon Goldby, assisted through muscle re-education and mobilised Liep's upper arm which he had not moved for two years. Three times a day, following surgery, Liep was educated on mobility exercises by Sharon and was provided with an ongoing mobilisation program. Whilst this was a great improvement, it is hoped that Liep will return to see the Interplast team at Mahasot in 2021 for tendon transfers to enable wrist movement.

Reflecting on the treatment he received from Interplast, Liep says "I'm very glad and grateful for the help from Interplast. This gives me hope that one day I will be able to use my hand again and that I won't be a burden to my family and others."





## PNG: A brave young boy

Young James presented to the Interplast clinic with thermal burns contractures to his face, neck and left arm, which were sustained as a toddler. James and his family have experienced significant stigma associated with his appearance, as well as the day-to-day impact of his injuries. James also has difficulty closing his left eye, which could affect his vision in the future.

James had already been seen and operated on by the Interplast team in 2017, to release his burns contractures. This year he underwent a similar, lengthy procedure. Whilst there have been significant improvements over time, James will continue to need further surgeries in the future.

James and his family were very thankful to receive assistance from the Interplast team, and James is now able to move his arm with more freedom and is more comfortable with his appearance.

#### Bhutan: Pema's life-changing surgery

A 28-year-old woman (Pema) presented with a fusion of the joint above her jaw, leaving her only able to eat soft or liquid food for many years. Being unable to clean her teeth had resulted in severe dental decay. Interplast were able to perform surgery and post operatively Pema was able to commence active mobilisation of her jaw, and by the time of our departure was opening more than 2 cm and increasing every day.



#### Training in 2019-20

**31** Programs

**66%** Of program activity

#### **Training opportunities**

3

Extended overseas training placements (two or more weeks)

232

Attendances at practical workshops, both in-country or overseas

476

Training opportunities provided in-theatre or on-ward

273

Training opportunities provided through in-country lectures/presentations

3

Participants at overseas conferences by local trainees

309

Participants in online education and mentoring

1296

Total training opportunities delivered by Interplast

## Our work: Training and mentoring

Building capacity in our partner countries is fundamental to our Vision. Interplast helps create sustainable health systems in the communities where we work by offering local medical professionals the chance to boost their skills and learn new techniques. We do this in two main ways - through training and mentoring local health professionals in their home countries, and through supporting local health professionals to undertake training visits to Australia, New Zealand, or other countries in the region.

Our training and mentoring activities are highly diverse, specialised and responsive to the particular needs of our local partners. It can include activities which mobilise teams of several clinicians

to deliver 'on the job' training in the operating theatre, in clinics, or on the wards and include treating patients as part of the training. Alternatively, these activities may involve sending a nurse educator to deliver a classroom-based workshop or a physiotherapist to teach their local counterparts rehabilitation skills. Other training activities may include supporting scholarships to undertake professional development in another country or providing technical and financial support to local partners to deliver training programs with local faculty. The financial and technical inputs and resources for our different activities are vastly different, as is the work involved in delivering each.



#### Nepal: Inspiring new generations of surgeons

Supported by Interplast, through its DFAT ANCP funding, Dr Leeza Pradhan, Maxillofacial Surgeon in Nepal, was able to join an Interplast Craniofacial Surgical Mentoring Program in Sri Lanka in August 2019. Leeza participated in the Craniofacial Surgery Master Class delivered by Dr Charles Davis, followed by the one-week mentoring program delivered by four Interplast volunteers. Throughout the program they were able to undertake highly complex cases with excellent outcomes for patients.

Dr Gayan Ekanayake, Craniofacial Consultant and Head of Burns Unit at the National Hospital of Sri Lanka said that the craniofacial surgical mentoring program supports continuous improvement of management of cases, improves the quality of the unit to meet international standards and inspires new generations of plastic surgery trainees.

Dr Pradhan hopes to establish a craniofacial centre at Kirtipur Hospital in Nepal. Improving her skills, knowledge and experience in managing complex craniofacial surgical cases will enable her to respond to local needs and improve outcomes for patients well into the future.

"I am back to Nepal and am feeling very glad to have participated in the craniofacial surgical programme. I could not thank you enough for making all the arrangements for my trip to this training. The training was comprehensive, well organised and has been very useful for me."

#### **PNG: Prevention saves lives**

Breast cancer has become a major issue in the Asia Pacific region, with many developing countries now seeing prevalence at eight times the rate of the developed world. In PNG, breast cancer is the third biggest killer of women and is most prevalent in the 21-35-year age group.

Long time Interplast volunteer, Jan Rice, has previously delivered successful nurse education programs focused on breast self-examination in the Solomon Islands and has a particular passion for this work.

"I had observed that the breast cancer presentations to Port Moresby General Hospital were often in young women with advanced stages of tumour growth. I audited the General Surgical Operation Register for a 3-month period, where 37 cases were listed. I was told that breast cancer surgery cases could also possibly be logged into any register within the operating theatre, so the actual surgical cases count may have been higher. I also visited the oncology outpatients clinic and reviewed data for a six-month period in 2019 - with over 40 cases presenting each month. The figures speak for themselves".

Jan delivered a series of formal teaching sessions to community health workers at the 6-Mile Clinic in Port Moresby, and to nursing staff at Port Moresby General Hospital, but she didn't stop there. Jan looked for opportunities where she came into contact with groups of people, such as outpatient departments of the

hospital, patients and their families on the wards, and even with staff of the hotel where she was staying during the visit! The sessions were simple – using posters and a breast model to demonstrate breast self-assessment and talk about what to do if a lump or any sort of change was found. She focused not only on women, but also on men, stressing the importance of men sharing the message about early detection with their wives, daughters, sisters and mothers, and supporting and encouraging them to seek help early.

"I asked how many knew how to examine their breast or knew they ideally should examine their breasts monthly—the majority answered that they were unaware of such a preventative health care initiative. I also asked how many knew of someone who had breast cancer or died of breast cancer and 75% of the hands would rise up."

The key messages of the sessions were clear – know your breasts from puberty onwards, check regularly and consistently for changes, and seek diagnosis and treatment early. By the end of the sessions, participants were actively engaged, providing feedback, sharing stories, and correcting each other's self-assessment techniques, and committing to share the message with their families, friends and colleagues.





#### Vanuatu: Sharing knowledge

In September 2019, two nurses, Rosien Lelekele and Jacqueline Napwatt, from Vila Central Hospital in Port Vila, Vanuatu participated in a burns education course specifically for nurses in Fiji. The course aimed to build the capacity of nurses to manage burn injuries and ultimately improve outcomes for patients.

After the course, Rosien and Jacqueline participated in a three-day observership in the Burns Unit at the Colonial War Memorial Hospital to see how the unit operates and observe local nurses implementing the skills learned in the burn education course. Such an opportunity is essential to strengthen professional networks across the Pacific region - with the ni-Vanuatu nurses now being able to reach out to their Fijian colleagues for support. Since the training, Rosien and Jacqueline have been able

Since the training, Rosien and Jacqueline have been able to utilise their burn management skills to assist patients admitted to the Vila Central Hospital.

#### **Bhutan: Profile on Dr Sonam Jamtsho**

Dr Sonam Jamtsho is Bhutan's first plastic surgery trainee. Sonam came to the attention of the surgical department at Jigme Dorji Wangchuck National Referral Hospital (JDWNRH), the Minister of Health and Interplast during the first year of his surgical residency in 2016.

Since 2016, Dr Sonam has been attached to multiple Interplast surgical visits to Bhutan and has participated in two regional surgical workshops in Nepal. He was also the recipient of the Marshal International Scholarship in 2018 and attended the Royal Australasian College of Surgeons Annual Scientific Congress in Sydney, Australia.

Asked why he chose plastic surgery, Dr Sonam said "Firstly, there is no plastic and reconstructive surgery in Bhutan and there is a high burden of treatable physical impairment and I feel that I can help these people. Secondly, after getting exposed to the field through Interplast team, I really got interested.

I want to establish the plastic and reconstructive surgery unit at JDWNRH to benefit the patients of Bhutan. I want to continue collaboration with Interplast and learn more. I want to garner support from government and also raise more money to establish a full-fledged reconstructive and plastic surgery centre. I also want to provide training to other doctors, nurses and residents."

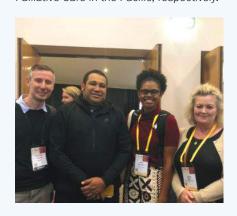


After completing his general surgery training in 2019, it was agreed that Dr Sonam would travel overseas for two years to carry out his training in plastics. He planned to spend 2020 at Ganga Hospital in Coimbatore, India under the supervision of Dr Raja Sabapathy and 2021 in Adelaide under the supervision of Dr Tim Proudman (Interplast Bhutan Country Coordinator). Dr Sonam began his training in India in February 2020, but sadly, his training was cut short by COVID-19. The Bhutanese Government recalled all doctors back to the country and in late March he returned to Bhutan. His training is now on hold, but he is expected to return to India to complete his year there once things improve.

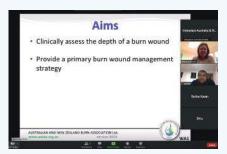
#### Fiji: Building networks

In October 2019, Interplast supported the attendance of Dr Semesa Matanaicake (Fiji's sole plastic surgeon) and Ms Akisi Dovibua (Fijian physiotherapist specialising in burns rehabilitation), both based at Colonial War Memorial Hospital in Suva, to attend the Australian and New Zealand Burns Association (ANZBA) Annual Scientific Meeting in Hobart. This provided a fantastic networking experience for both Akisi & Semesa and an opportunity to learn about the latest developments and best practice in burns management.

Akisi Dovibua and Dr Semesa Matanaicake both presented at the meeting, on Burns Physiotherapy in Fiji and Burns Care in the Pacific, and Palliative Care in the Pacific, respectively.



#### Fiji: Responding to COVID-19 and our changing world



In collaboration with the Australian and New Zealand Burns Association (ANZBA), Interplast has supported the delivery of the Emergency Management of Severe Burns (EMSB) course in Fiji for a number of years. The course is aimed at health professionals caring for patients with acute severe burn injuries, supplementing existing clinical knowledge in trauma management with the specific aspects and challenges associated with a burn injury. The training combines education, clinical demonstrations and case simulations to provide participants with a range of theoretical frameworks and practical experience.

Interplast supports the delivery of annual courses to build the capacity of local faculty over the long-term. The impact of COVID-19 has meant that many of our planned in-country activities have been

postponed due to travel restrictions. In response to this, Interplast, in partnership with ANZBA, delivered the course online for the very first time. The course has been adapted and divided into multiple online modules and is delivered via a one-hour weekly format using the Zoom platform. Sessions have been delivered by a mix of Australian & Fijian faculty to approximately 20 Fijian participants every session.

While the global pandemic has changed the way we work, Interplast continues to deliver on our commitment to building sustainable health systems in the communities where we work.

## SCHOLARSHIPS AND PROFESSIONAL DEVELOPMENT OPPORTUNITIES

Every year Interplast provides overseas health care professionals with a range of professional development opportunities, supporting them to undertake invaluable training and networking with their overseas peers. This includes training attachments where Interplast supports individuals to travel from their base location to participate in a training activity or conference, or to join an Interplast surgical or training team. In many instances, Interplast volunteers also support these training placements in Australia and New Zealand.

Activity description (location)	Overseas health professional	Interplast volunteer supporting	Scholarship name
Observational placement and Victorian Perioperative Nurses Group (VPNG) Conference (Melbourne, Vic)	Ms Falelua Maua (Samoa)	Ms Karolin King (Vic) Ms Hana Menezes (Vic)	Doyle Family Scholarship
Supporting regional trainees to attend an Interplast allied health mentoring workshop (Suva, Fiji)	Ms Cathy Pius (PNG) Ms Leitare Raubani (Vanuatu) Ms Emma Basi (Solomon Islands) Mr Isaac Wamingi (PNG)	Ms Jenny Ball (Tas) Ms Linda Fredheim (Tas) Ms Hannah Van Tuil (Tas) Ms Sarah Florisson (Vic) Ms Melissa Parkin (NSW)	
Anaesthesia professional development placement (Ballarat, Melbourne & Sydney)	Dr Melissa Theda (Indonesia) Dr Diah Wahyuningsih (Indonesia)	Dr Shaktivel Palanivel (Vic) Dr John Oswald (Vic)	
Participation in Australian and New Zealand Burns Association Annual Scientific Meeting (Hobart, Tas)	Dr Semesa Matanaicake (Fiji) Dr Gayan Ekanayake (Sri Lanka) Ms Akisi Dovibua (Fiji)		Sir Benjamin Rank Scholarship (Dr Ekanyake)
Supporting Bhutanese surgeon in surgical training fellowship (Coimbatore, India)	Dr Sonam Jamshto (Bhutan)	Dr Tim Proudman (SA) Ms Suzanne Caragianis (SA)	
Participation in Asia Pacific Federation of Societies of Hand Therapists Annual Congress (Melbourne, Vic)	Ms Cathy Pius (PNG)	Ms Penny McMahon (Vic)	
Supporting Nepali surgeon to observe the craniofacial surgical mentoring program (Colombo, Sri Lanka)	Dr Leeza Pradhan (Nepal)	Mr Charles Davis (NZ)	
Supporting nurses from Vanuatu in burns training and observership at the Colonial War Memorial Hospital (Suva, Fiji)	Ms Rosien Lelekele (Vanuatu) Ms Jacqueline Napwatt (Vanuatu)	Ms Rebecca Schrale (Tas)	

<sup>\*</sup> Please note that the list above does not include specific workshops run overseas for large groups such as those delivered in South Asia or the Pacific for regional participants.

## Our work: Planning and evaluation

Planning and evaluation in 2019-20

7 Programs

15% Of program activity

Interplast undertakes planning and evaluation of programs on an ongoing basis, to ensure we are delivering the most effective and responsive work based on the needs of our local partners. This includes Interplast staff and/or volunteers undertaking needs assessments for new programs, establishing formal agreements with local partners, visiting to meet with local partners to monitor ongoing programs and conducting formal evaluations. The number of this type of program completed in any year depends on need and the funding available.

### What planning and evaluation activities does Interplast undertake?

Every year Interplast completes a comprehensive annual plan for each of our partner countries. Through this process, staff work closely with local partners and volunteer country coordinators to review the previous year's programs and plan for the coming financial year.

For all individual program activities, our volunteer teams complete detailed reporting on the program and its outcomes. This complements clinical information captured through patient records, as well as documentation around training participants and topics.

Local partners provide feedback on each activity, including local coordinators and trainees completing individual reports, and people who take part in training workshops complete evaluations.

Reports are also completed by our program coordinators, covering logistical, financial and operational aspects of the activity.

In addition to each of these standard activities, each year we identify specific countries or programs that are due for a more comprehensive evaluation, along with opportunities for needs assessments for potential new programs. These more focused planning and evaluation programs usually include a visit to partners in our program country by a team that can include Interplast staff and/or volunteers as well as external evaluation support.





#### **Bhutan: Evaluation update**

Interplast began working in Bhutan after a needs assessment was undertaken in 2014. Since our first program activity in 2015 the number and type of programs has increased, built around the core plastic and reconstructive surgical program activities, and complemented by allied health mentoring program activities focusing on hand therapy.

In 2020 a review was commissioned to investigate the impact to date of Interplast activities and to help plan for the future of Interplast programs in Bhutan. The broad objectives of this review are to identify the impact and outcomes of Interplast country program activities and assess the extent to which

Interplast is achieving its vision and mission for Bhutan. The findings of the review will contribute to the development of relevant, effective and sustainable Interplast program activities in Bhutan.

An in-country visit was scheduled in April 2020 to meet with stakeholders and conduct interviews, but due to COVID-19 travel restrictions, plans were amended, and a local consultant was engaged to conduct all the in-county interviews. Further complications brought on by COVID-19, have delayed the completion of the evaluation and the findings are now scheduled to be published by December 2020.

Stakeholder feedback to date has highlighted that Bhutan still has a way to go to be self-sufficient in providing plastic and reconstructive surgical services and will continue to require support from Interplast to provide these services. However, stakeholders also noted that Interplast should continue its focus on mentoring and training local counterparts, supporting continuing medical education for Bhutan and facilitating placements and attendance at workshops and conferences. In this way our work in-country will continue to build a sustainable health system for the future and provide access to life-changing surgery and allied health for those who most need it.

#### Bangladesh: Essential Pain Management evaluation

Between 2013 and 2018, Interplast, in collaboration with the Australian and New Zealand College of Anaesthetists (ANZCA) and the Bangladesh Society for Study of Pain (BSSP), delivered Essential Pain Management (EPM) programs in Bangladesh, including in Dhaka and regional areas to increase the reach of the program. The EPM program not only targets anaesthetists, but also doctors and nurses to improve pain management practices and provide improved care to patients.

Interplast and ANZCA engaged the Centre for Injury Prevention and Research, Bangladesh (CIPRB) to deliver an evaluation of the EPM program, assessing the effectiveness of the program in Bangladesh. This evaluation was made possible with funding from DFAT's ANCP, as well as ANZCA. The evaluation involved a literature review as well as surveys and interviews with participants and EPM trainers in Bangladesh and Australia.

The EPM evaluation report highlighted the importance of the program in filling a gap in pain management practice in Bangladesh. The evaluation found that the EPM program is beneficial in enhancing the knowledge and skills of the doctors and nurses in Bangladesh and contributes to



improving pain management in the country. The evaluation identified key recommendations to further strengthen the program in the future, including:

- Working with the Bangladeshi government and other in-country stakeholders to embed pain management training into formal clinical training curriculum.
- Increasing the number of local faculty trained to support delivery of additional courses.
- Expanding the reach of the course to other clinical professions – including more nursing, midwifery and general practitioners.

#### PNG: Planning for the future



In July 2019, the Interplast team undertook a planning and monitoring visit to PNG, including time spent in Port Moresby and in Lae. This trip was undertaken alongside other clinical capacity building activities.

This visit included meeting with key local partners and other stakeholders in both cities, reviewing existing programs, assessing current needs and planning future activities. Undertaking this visit alongside an Interplast volunteer training team enabled Interplast staff to assess effectiveness of training and identify current challenges and successes alongside key local PNG personnel.

Key outcomes of this visit included:

- Acceptance of the first PNG plastic surgery curriculum, to be delivered through the University of PNG's School of Medical Sciences and the Port Moresby General Hospital.
- Significant discussions with key local surgical administrators about current and future surgical trainees, with decisions made for future training plans.
- Meeting with representatives of the Australian Government and other key stakeholders including local funding and logistical support organisations.
- Visiting the city of Lae to meet with key personnel at the Angau Memorial Hospital to plan for a 3-year surgical and training program.

## Our work: Systems strengthening

System strenthening in 2019-20

4 Programs

**8%** Of program activity

In order to progress our Vision, that people in developing countries across the Asia Pacific region have timely access to high quality surgical, medical and allied health services, Interplast takes a comprehensive approach to our work ensuring that our activity is responsive to local needs.

In some of our partner countries, local partners have the skills and capacity to deliver a range of health care training themselves, but they need financial support to deliver this training. At times, Interplast provides some funding for

local partners to hold workshops and to help with transport to allow participants from remote areas to attend. Similarly, some local partners have the expertise to provide surgery themselves but need assistance with resources. In this case, Interplast may provide limited funding for surgical supplies, outreach programs or to support basic administrative costs.

These programs require that local partners comply with Interplast's funding agreements and reporting requirements. The partners must also be actively working towards financial sustainability.



#### Bangladesh: Improving patient outcomes through training and skill development

In February 2020, Interplast supported Centre of Injury Prevention and Research, Bangladesh (CIPRB) to deliver two Emergency Management of Severe Burns (EMSB) courses. EMSB aims to improve burn management practices in Bangladesh by teaching participants how to recognise, assess, stabilise and transfer a patient with severe burns.

According to the Bangladesh Health and Injury Survey (BHIS), burns are responsible for over 300,000 injuries every year in Bangladesh and over 5,600 people die each year from burns.

48 doctors were selected to participate in the training, based on their academic qualifications and experience in burn



management. Approximately half of the participants work in burn and plastic surgery in Bangladesh, and approximately 60% are surgeons. The other participants were general physicians who work with patients with burn injuries in primary or secondary health care facilities.

An important component of the EMSB model is a train-the-trainer focus. During these recent courses, three participants were identified to become EMSB instructors in the future ensuring that local health professionals in Bangladesh will continue having access to this type of training in the future.

#### Sri Lanka: Supporting the development of local burns care



In August 2019, after completing an assessment at the Burn Unit at the National Hospital of Sri Lanka to identify current practices and gaps, Dr John Greenwood delivered teaching to 42 local medical personnel on the management of patients with burns. The training included infection control processes, hand hygiene protocols, immediate eschar excision of burns and use of Biodegradable Temporising Matrix (BTM).

Dr Greenwood also presented at The College of Surgeons of Sri Lanka, Surgical Congress 2019 on managing burns and the use of BTM.

Dr Greenwood provided recommendations to local health personnel to help improve capacity of the Burn Unit and outcomes for patients and implementation of changes has already commenced.

Dr Gayan Ekanayake, Craniofacial Consultant and Head of Burns Unit at the National Hospital of Sri Lanka, said the visit had resulted in a paradigm shift in attitude on burn survival in Sri Lanka, creating hope for the future.



Medical personnel in Nepal learning of Interplast support to assist the most vulnerable burns patients.

## STENGTHENING SYSTEMS THROUGH INSTITUTIONAL SUPPORT

The impact of COVID-19 has meant that for a significant part of the last financial year, Interplast has been unable to conduct our usual in-country activities. Supporting our local country partners and health professionals to continue providing patients with access to high quality health care has been an important focus. In order to do this Interplast has:

**Supported** surgeons in Vanuatu, Solomon Islands, and Fiji with plastic surgery supplies to allow surgeons to continue their work in plastic and reconstructive surgery.

**Provided** a HemoCue to the National Hospital of Sri Lanka to help monitor patients during surgery and post operatively. This is important for patient safety, particularly for patients undergoing craniofacial surgery, as it helps to identify and respond to deteriorating patients quickly.

**Provided** plastic surgery instruments to Dr Samuel Kemuel at Vila Central Hospital in Vanuatu, Dr Scott Siota at the National Referal Hospital in Honiara, Solomon Islands, and Dr Semesa Matanaicake at Colonial War Memorial Hospital in Suva, Fiji. The instruments included scalpels, scissors, forceps and other specialty plastic surgery tools. These will be utilised by the local surgeons and allow them to continue performing life-changing surgery.

**Provided** funding to Kirtipur Hospital in Nepal to help purchase medical supplies for patients with burn injuries who are unable to pay for their own supplies, to reduce the financial burden on patients with burn injuries and their families. Already, Kirtipur Hospital has been able to provide support to multiple patients, including one four-year-old girl who sustained an electric burn to her arm and hand.

**Donated** skin graft knives and blades to the surgical departments of Labasa Hospital in Fiji and Vaiola Hospital in Nuku'Alofa, Tonga.

**Provided** funding support to the Mongolian Society of Anaesthesiologists (MSA) for the following;

- Operating costs to run the MSA education training centre in Ulaanbaatar, benefiting junior anaesthesiologists in Mongolia through MSA-based residency training.
- Alternative activities conducted by the MSA instead of their annual conference (unable to go ahead due to COVID-19).
   This included:
  - + The development and review of guidelines on Safe Practice of Anaesthesia (based on the Australia New Zealand College of Anaesthetists guidelines) which are to be approved by the Mongolian Ministry of Health.
  - + Publishing the book 'Rural Emergency Care and Transportation of Critically III Patients', to be distributed by rurally based GPs who are attending the Initial Emergency Course (IEC) in Aimag (District) Centre for rural GPs.

We acknowledge the support of the Australian Government, through the ANCP, in providing funding support for these initiatives.



### **Our work: By country**

#### **BANGLADESH**



Through Interplast's work in Bangladesh we strengthen the capacity of the local health system to provide quality burns management and surgical and anaesthetic care. This year, our work focused on burns management, Essential Pain Management (EPM) and plastic and reconstructive surgery. In partnership with the Australian and New Zealand Burn Association, we continued to support our local partner, the Centre for Injury Prevention and Research, Bangladesh (CIPRB), to provide training to local medical personnel in Emergency Management of Severe Burns (EMSB). Interplast also supported CIPRB to publish research on the challenges of burn management in Bangladesh. In collaboration with the Australian and New Zealand College of Anaesthetists, CIPRB and the Bangladesh Society for the Study of Pain, Interplast commissioned a formal evaluation on the impact of the EPM program that has been delivered in Bangladesh since 2013, which will help inform the future of the program. Interplast also had discussions with surgeons from the Sheikh Hasina National Institute of Burn and Plastic Surgery to identify training opportunities for surgeons and nurses. As a result of COVID-19, and subsequent travel restrictions, Interplast actively engaged local clinicians in online webinars hosted by Interplast. We also supported plastic surgeon, Dr Tanveer Ahmed, by providing access to the Journal of the American Society of Plastic Surgeons.

#### 2 programs

- 1 training program supported to be delivered by local partners
- 1 planning and evaluation program

#### The numbers

45 training opportunities delivered69 online training participants

#### Partners

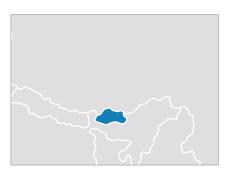
Bangladesh Society for Study of Pain Centre for Injury Prevention and Research Bangladesh (CIPRB) Dhaka Medical College Hospital Dhaka Community Hospital Sheikh Hasina National Institute of Burn and Plastic Surgery

Acid Survivors Foundation

Country Coordinator

Mr Russell Corlett

#### **BHUTAN**



Interplast undertook four program activities to Bhutan. With strong continued support from the Bhutan Ministry of Health and the Jigme Dorji Wangchuck National Referral Hospital, we delivered concurrent surgical training and hand therapy mentoring activities. Each of these activities aimed to enhance the skills of local surgical teams and hand therapists, and to provide improved access to plastic and reconstructive and hand therapy services to Bhutanese patients. Training activities also focused on general surgeon, Dr Sonam Jamtsho, who has been identified as the first plastic and reconstructive surgical trainee and began his specialised training in Coimbatore, India in early 2020. Interplast also conducted an evaluation of its Bhutan program. This evaluation looks at the impact of our programs since a needs assessment carried out in 2014.

Our partners in Bhutan are eager to establish their own plastic surgery unit, with the support of Interplast. COVID-19 impacted our programming in Bhutan, and as a result, regular online mentoring has been taking place between Dr Sonam Jamtsho & Dr Tim Proudman since April 2020, thus supporting his training and development.

#### FIJI



#### 4 programs

- 2 teams mobilised to deliver clinical services & clinical training
- 1 scholarship supported
- 1 planning and evaluation program

#### The numbers

118 consultations

**59** surgical procedures

216 allied health treatments

**31** training opportunities delivered

5 online training participants

#### **Partners**

Jigme Dorji Wangchuck National Referral Hospital Khesar Gyalpo University

of Medical Sciences of Bhutan

Rotary Club of Thimphu

Country Coordinator

Dr Tim Proudman

Interplast undertook 5 program activities in Fiji. We support the development of plastic and reconstructive surgery in Fiji through a multi-disciplinary approach to build local capacity in surgery, anaesthetics, nursing and allied health services. Our work also includes several regional programs that are implemented in Fiji but draw in participants from across the Pacific. These include training programs run through Fiji National University (FNU) in Suva as well as other regional training opportunities that target Pacific Islander health professionals, including Fijians. Interplast provided mentoring support to Dr Semesa Matanaicake who leads the Plastics and Burns Unit at the Colonial War Memorial Hospital (CWM) in Suva through one individualised surgical mentoring visit. Interplast supported the ongoing training of Dr Matanaicake by facilitating his attendance at the Australian and New Zealand Burns Association (ANZBA) Annual Scientific Meeting (ASM) held in Hobart in October 2019. Ms Akisi Dovibua (physiotherapist) was also supported to attend and present at the ANZBA ASM. We continued our important work to strengthen local physiotherapy and speech therapy through two ongoing annual formalised training workshops for physiotherapists, in partnership with FNU, and delivered a nurse training workshop in Suva to under-graduate nurses from FNU. Interplast continued to support Fiji during the COVID-19 outbreak through the delivery of regular online mentoring sessions between Labasa Hospital & Mr David Ying, the delivery of surgical & wound management webinars, as well as the online delivery of ANZBA's Emergency Management of

#### 5 programs

- 1 team mobilised to deliver clinical services & clinical training
- 3 teams mobilised to deliver non-clinical education activities
- 1 scholarship supported (with two recipients)

#### The numbers

20 consultations

**13** surgical procedures

**31** allied health treatments

218 training opportunities delivered

86 online training participants

#### **Partners**

Colonial War Memorial Hospital Fiji National University Labasa General Hospital Rotary Club of Suva North Ruel Foundation Fiji

Country Coordinator

Mr Simon Thomson

Interplast Annual Report 2019-2020

Severe Burns (EMSB) course.



#### **INDONESIA**



In the 2019-20 period, Interplast, in partnership with the Australia & New Zealand College of Anaesthetists, supported a scholarship for two Indonesian anaesthetic registrars. Dr Diah Wahyuningsih & Dr Melissa Theda, from the Dr Soetomo Hospital in Surabaya, undertook a professional development and mentoring placement at Ballarat Health Services, overseen by Interplast volunteer anaesthetist, Dr Shaktivel Palanivel. As part of this scholarship, Drs Wahyuningsih and Theda were able to attend and participate in the 2019 Australian Society of Anaesthetists Annual Scientific Meeting and visit a number of other hospitals in Melbourne to observe their practice.

#### 1 program

1 scholarship supported

The numbers

2 training opportunities delivered

Partners

Dr Soetomo Hospital - Surabaya

Country Coordinator Vacant

#### **KIRIBATI**



#### LAOS



Interplast seeks to alleviate disability through the provision of plastic and reconstructive surgical services to the I-Kiribati people, and to help fill the current and ongoing gaps in local capacity in plastic and reconstructive surgery. This year, Interplast was unable to deliver face-to-face surgical and allied health activities in Kiribati due to restricted travel. However, we have been able to address requests from local medical personnel to include them in online education, and in particular, I-Kiribati nurses and physiotherapists have been participating in online webinars hosted by Interplast to build skills and knowledge in wound care and scar management. Interplast was also very pleased to see local Interplast supporter and partner Dr Tinte Itinteang take up the posting of Minister for Health in April 2020, a milestone which will greatly assist with the impact and reach of Interplast's future programs in Kiribati.

#### The numbers

32 online training participants

#### Partners

Tungaru Central Hospital

#### **Country Coordinator**

Dr Robert Gates

Interplast undertook three program activities in Laos this financial year. Our focus in Laos continues to be strengthening the capacity of Mahosot Hospital in Vientiane to provide quality plastic and reconstructive surgical and allied health services to its people. This year we provided concurrent in-theatre surgical training and allied health training at Mahosot Hospital, with support from the Laos International Support Group. In total, the team consulted 149 patients and undertook 65 procedures. In the middle weekend of this busy two-week program, members of the Interplast volunteer team travelled to Xieng Khouang Provincial Hospital in Phonsavanh, Central Laos to undertake a needs assessment for a proposed outreach program. The outreach trip was scheduled to take place in April but was unable to go ahead due to COVID-19. Interplast has continued discussions with key medical personnel at Mahosot to determine where assistance can best be placed until programming resumes.

#### 3 programs

- 2 teams mobilised to deliver clinical services & clinical training
- 1 planning and evaluation program

#### The numbers

149 consultations

**65** surgical procedures

**54** allied health treatments

18 training opportunities delivered

7 online training participants

#### **Partners**

Laos International Support Group Mahosot Hospital Xieng Khouang Provincial Hospital

#### Country Coordinator

Dr James Savundra

#### **MONGOLIA**



In 2019-20, Interplast undertook three program activities in Mongolia. With continued strong support from our Mongolian partners, our programs focused on free, life-changing surgeries and training in allied health, along with systems strengthening to further anaesthesia education.

Interplast delivered a one-week surgical program to the Regional Diagnostic Treatment Centre in Dalanzadgad, South Gobi, with members of the Mongolian Society of Anaesthetists (MSA) joining the team for the week. Close to 60 patients were seen by the Interplast team, mostly for burns injuries, and 16 surgical procedures were completed. We also ran an allied health training activity within the Burns Unit at the National Traumatology and Orthopedic Research Centre in Ulaanbaatar.

Interplast continued to support the MSA by providing institutional support for the operational costs of the MSA's training and education centre, in partnership with the Australian Society of Anaesthetists. Due to the COVID-19 pandemic the MSA were unable to run the Annual Conference, which would ordinarily provide training and professional development for anaesthetists throughout Mongolia. Instead, Interplast supported the publication and translations of two separate materials - a book to be distributed to rurally based doctors and guidelines for the practice of safe anaesthesia, which will be approved by the Mongolian Ministry of Health.

#### 4 programs

- 2 teams mobilised to deliver clinical services & clinical training
- 1 planning and evaluation program
- 1 systems strengthening activity

#### The numbers

- **57** consultations
- **16** surgical procedures
- **14** allied health treatments
- 25 training opportunities delivered
- online training participant

#### **Partners**

Mongolian Society of Anaesthesiologists National Traumatology and Orthopaedic Research

Centre Hospital (NTORC)
Regional Diagnostic and
Treatment Centre (RDTC)

#### **Country Coordinator**

Dr David Pescod

#### **MYANMAR**



Interplast undertook two program activities in the financial year, where we continued to strengthen our partnership with the University of Medicine 1, Yangon and Yangon General Hospital's Department of Plastic, Maxillofacial and Oral Surgery, and completed one surgical mentoring and one nurse education program. This partnership helps to build the strengths of local surgical and nursing personnel, providing quality plastic and reconstructive surgical, nursing and anaesthetic services to the people of Myanmar. Mentoring activities throughout the year have focused on the current postdoctoral candidates as well as other plastic surgeons and surgical trainees (Masters of Plastic Surgery candidates) with a focus on skin flaps, microvascular free flaps, burn scar contracture releases and full thickness skin grafts. Nurse education programs, in conjunction with all three surgical visits, have focused on general nursing, post-operative care and wound management - all areas of capacity building identified by local staff, particularly junior nurses.

Interplast were unable to deliver the remaining activities scheduled for February and June due to travel restrictions. However, Interplast is undertaking remote programming, including ongoing discussions with local partners focusing on training needs and the delivery of remote education specific to the needs of the junior and senior surgical trainees. Staff from Mandalay Hospital are included in these activities.

Unfortunately, due to COVID-19, Interplast has had to postpone the training and professional development of a post-doctoral surgical candidate from Yangon General Hospital, who was scheduled to undertake a placement at Dandenong Hospital (part of Monash Health) in Melbourne, under the guidance of Interplast volunteers based at this hospital.

#### NEPAL



#### 2 programs

- 1 team mobilised to deliver clinical services & clinical training
- 1 team mobilised to deliver non-clinical education activities

#### The numbers

- **11** consultations
- 7 surgical procedures
- 48 training opportunities delivered
- 22 online training participants

#### **Partners**

Mandalay General Hospital University of Medicine 1, Yangon Yangon General Hospital

#### **Country Coordinator**

Associate Professor Michael Leung

Interplast seeks to improve quality access to plastic and reconstructive surgery services for the most marginalised and vulnerable Nepali people. We do this by training local health care personnel in plastic and reconstructive surgery and nursing and allied health, through in-country training and access to training opportunities outside of Nepal. This year, Interplast supported one plastic surgeon from Kirtipur Hospital to observe the Interplast Craniofacial Surgical Mentoring Program in Sri Lanka to build knowledge and networks. Interplast also provided a small amount of funding to Kirtipur Hospital to undertake microsurgery cases independently of Interplast, giving local surgeons and medical personnel opportunities to continue developing their skills and provide surgeries independently. Additional funding was provided to the Kirtipur Hospital to support patients with burns, and their families, to access supplies to support their recovery. Interplast was able to support one volunteer to present at the Kathmandu University Physiotherapy Conference.

Due to travel restrictions, allied health mentoring, microsurgery mentoring and nurse education programs were postponed. However, Nepali clinicians have been engaged in online webinars hosted by Interplast and we also supported physiotherapist Mr Binay Kandel, with access to the Journal of the American Society of Hand Therapists.

#### 4 programs

- 1 team mobilised to deliver non-clinical education activities
- 1 planning and evaluation program
- 1 scholarship supported
- 1 systems strengthening activity

#### The numbers

training opportunities delivered

17 online training participants

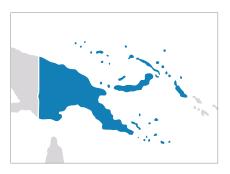
#### Partners

PHECT Nepal – Kirtipur Hospital
Dhulikhel Hospital, Kathmandu University
Hospital and Kathmandu University
School of Medical Sciences

#### Country Coordinator

Mr Damien Grinsell

#### PAPUA NEW GUINEA



In 2019-20, Interplast undertook five clinical training program activities to Papua New Guinea and supported one scholarship. Interplast conducted two programs at Port Moresby General Hospital (POMGEN), and one program to Mt Hagen General Hospital. Programs at POMGEN focused on the ongoing training and mentoring of surgical trainees, anaesthetic and nursing personnel, and allied health workers. One of the visits to Port Moresby also supported local plastic surgeon Dr John Maihua and physiotherapist Ms Cathy Pius (from Madang) to join the team, gaining valuable mentoring from the visiting Interplast team, and strengthening networks between Port Moresby and Madang. Additionally, a side trip to ANGAU General Hospital in Lae was undertaken for a needs assessment, and meetings held with University of PNG administration to organise guest lectures from Interplast volunteers on future programs.

Interplast undertook a busy two-week surgical mentoring program to Mt Hagen in the PNG Western Highlands Province where the team consulted 61 patients and undertook 34 procedures. In March 2020, we supported Madang-based physiotherapist, Ms Cathy Pius, to attend the Asian Pacific Federation of Societies of Hand Therapists in Melbourne, where she was able to join lectures and talk with her peers from around the region and Australia. Cathy and her colleague Isaac Wamingi were also supported to attend Interplast's allied health workshop in Suva, Fiji.

In response to the COVID-19 pandemic, Interplast volunteers continue to provide remote mentoring and support to both Dr John Maihua and Ms Cathy Pius, and more broadly the physiotherapy department at Modilon Hospital in Madang.

#### **PHILIPPINES**



#### 7 programs

- 5 teams mobilised to deliver clinical services & clinical training
- 1 planning and evaluation program
- 1 scholarship supported

#### The numbers

126 consultations

58 surgical procedures

**11** allied health treatments

169 training opportunities delivered

2 online training participants

#### Partners

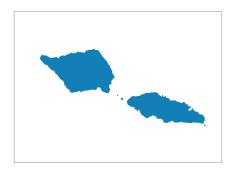
Modilon General Hospital (Madang) Mt Hagen General Hospital Papua New Guinea Tribal Foundation Port Moresby General Hospital

#### **Country Coordinators**

Dr Peter Maloney Dr Siddharth Karanth

Interplast seeks to improve quality access to plastic and reconstructive surgery services in the Philippines for the most marginalised and vulnerable people. This is done through the delivery of surgical and training programs to areas including Benguet, Cagayan de Oro and Masbate, to provide much-needed reconstructive surgery and training for local clinicians. Due to COVID-19, and subsequent travel restrictions, Interplast was unable to deliver the scheduled general plastic and reconstructive surgery program to Baguio. In response, Interplast has engaged with local partners to deliver online training, and Filippino plastic surgeons, have been highly engaged in the Interplast Online Education Series so far, attending many sessions. This has been a great way to engage and support a cohort of surgeons who have not previously been involved in Interplast activities. This has also strengthened the relationship with the Philippine Association of Plastic Reconstructive and Aesthetic Surgeons, through the offering of opportunities to their members.

#### **SAMOA**



The numbers

**15** online training participants

#### **Partners**

Benguet General Hospital
Filminera (PhilGold)
JR Borja Memorial General Hospital
Masbate Provincial Hospital
Philippines Association of Plastic,
Reconstructive and Aesthetic
Surgery (PAPRAS)
Rotary Club of Cagayan de Oro

Country Coordinator

Dr Kevin Ho

Interplast undertook three program activities to Samoa this financial year. We seek to alleviate treatable physical impairment by providing plastic and reconstructive surgical services to the Samoan people, and by filling the current and ongoing gaps in local capacity in plastic and reconstructive surgery and related medical and allied health services. This year we delivered a 10-day general plastic and reconstructive surgical program activity in Apia, accompanied by a concurrent allied health training program. This year the program also included a five-day outreach visit to Malietoa Tanumafili II Hospital (MT2H) in Savaii, upon the recommendation of our local partners at the Tupua Tamasese Meaole Hospital (TTMH) in Apia. The outreach program was scheduled ahead of the main program in Apia to allow for patient referrals to TTMH in case they were unable to be operated on in Savaii.

Interplast supported the nursing staff at TTMH by facilitating the participation of Samoan theatre nurse, Falelua Maua, in a week-long observership at St Vincent's Private Hospital and The Alfred Hospital in Melbourne. This was further bolstered by her attendance at the Victorian Perioperative Nurses Group (VPNG) 2019 State Conference. Due to COVID-19, Interplast was unable to deliver the nurse education program which was scheduled to be delivered in Apia.

#### 3 programs

- 2 teams mobilised to deliver clinical services & clinical training
- 1 scholarship supported

#### The numbers

**134** consultations

60 surgical procedures

**11** allied health treatments

69 training opportunities delivered

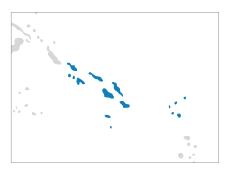
#### **Partners**

Malietoa Tanumafili II Hospital Tuapa Tamasese Meaole Hospital

#### Country Coordinator

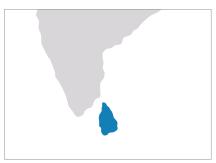
Dr Benjamin Norris

#### **SOLOMON ISLANDS**



Interplast undertook two program activities to the Solomon Islands in this financial year. This year we delivered a two-week general plastic and reconstructive surgical program activity in Honiara, complemented by a concurrent allied health training visit. This also included a short outreach visit to Gizo Hospital. These programs not only provided enhanced access to plastic and reconstructive services to the Solomon Islander population, but also delivered training to surgical, anaesthetic, nursing and allied health staff, in particular, local general surgeon Dr Scott Siota. Due to COVID-19, Interplast was unable to deliver the nurse education program scheduled. However, our partners in the Solomon Islands have benefitted from the various Interplast webinars delivered during the pandemic.

#### SRI LANKA



#### 2 programs

2 teams mobilised to deliver clinical services & clinical training

#### The numbers

- 78 consultations
- 41 surgical procedures
- 9 allied health treatments
- **27** training opportunities delivered
- 3 online training participants

#### Partners

Gizo Hospital National Referral Hospital Rotary Club of Honiara

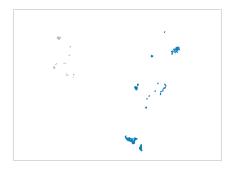
#### Country Coordinator

Dr Zac Moaveni

Interplast seeks to improve access to sustainable, quality plastic and reconstructive surgical services in Sri Lanka through collaborative local partnerships in surgical and allied health care. This year, we delivered the craniofacial surgical mentoring program at the National Hospital of Sri Lanka and conducted an assessment of the Burns Unit to identify gaps and opportunities to improve practices and ultimately improve outcomes for patients. Dr Gayan Ekanayake was supported by Interplast to attend the Australian and New Zealand Burn Association Conference in Hobart to further knowledge in burn management and network with clinicians from around the world. Interplast scheduled a threeday regional workshop in Sri Lanka for senior plastic surgeons, however this was unfortunately postponed due to travel restrictions.

All of Interplast's online education opportunities have been made available for Sri Lankan clinicians, and Interplast staff have maintained close and regular contact with key personnel to identify other ways which we could continue providing support, including development of professional linkages between Sri Lankan personnel and Australian volunteers and providing support to purchase a HemoCue (a device to measure haemoglobin levels), which is crucial in assisting to monitor patients and help identify and respond to deteriorating patients quickly.

#### **TONGA**



#### 4 programs

- 1 team mobilised to deliver clinical services & clinical training
- 1 team mobilised to deliver non-clinical education activities
- 1 planning and evaluation program
- 1 scholarship supported

#### The numbers

40 consultations

**14** surgical procedures

73 training opportunities delivered

#### **Partners**

National Hospital of Sri Lanka

**Country Coordinator** 

Mr Yugesh Caplash

The impact of COVID-19 has meant that Interplast has been unable to undertake any scheduled in-country visits to Tonga during the financial year. Interplast had planned a nurse education program, as well as a week-long general plastic and reconstructive surgical program activity in Nuku'Alofa, with concurrent allied health training. These activities have been postponed to when overseas travel is again possible. Throughout the pandemic, Tonga has participated and benefitted from multiple Interplast webinars and we continue to maintain contact with our local country partners to assess what support is needed and how Interplast might be able to respond.

#### The numbers

4 online training participants

#### Partners

Vaiola Central Hospital

#### Country Coordinator

Mr David Morgan

#### **VANUATU**



This year Interplast delivered one program activity in Vanuatu and supported local nurses to undertake training and an observership in Fiji. We delivered a week-long nurse education program in Port Vila which aimed to build the skills, knowledge and confidence of nurses at the Vila Central Hospital. A component of the training involved disability awareness training delivered by a local disabled persons organisation. The training helped to identify barriers for people with a disability in accessing the hospital and its services and address attitudinal barriers often experienced by people with disability.

Interplast supported two nurses from Vila Central Hospital to undertake burn management training in Fiji, including participating in an observership at the Colonial War Memorial Hospital in Suva. Although Interplast was unable to deliver face-to-face plastic and reconstructive surgical training to Dr Samuel Kemuel, Interplast has established a Pacificregional case advice group for key local partners in the Pacific, to provide guidance with case planning and other questions that arise. Interplast has purchased plastic surgery instruments for Dr Kemuel to ensure he has appropriate equipment to continue managing cases. Local medical personnel from the Vila Central Hospital have been engaged in Interplast webinars to continue building knowledge to better respond to patients' needs.

#### 2 programs

- 1 team mobilised to deliver non-clinical education activities
- 1 scholarship supported

#### The numbers

- 10 training opportunities delivered
- **1** online training participant

#### Partners

Vila Central Hospital

#### Country Coordinator

Vacant

#### **VIETNAM**



Interplast's objectives in Vietnam include supporting the development of burns and hand surgery and hand therapy in Da Nang, as well as supporting the development of microsurgery in Ho Chi Minh City. Due to COVID-19, and subsequent travel restrictions, Interplast was not able to deliver programs incountry in 2019-20 (activities were originally scheduled to take place between April and June 2020). In all Vietnamese programs, we seek to build the capacity of our local hospital partners to improve quality access to plastic and reconstructive surgery and allied health services for the Vietnamese people. To address this goal, Interplast had committed to support two surgeons from Da Nang Hospital to join a regional surgical training workshop in Sri Lanka, again this was postponed due to COVID-19. Similarly, Interplast had been in preparations to deliver an advanced surgical mentoring program with the Hospital of Traumatology and Orthopaedics in Ho Chi Minh City when the pandemic emerged, forcing the postponement of this program. During the pandemic we continue to maintain contact with our local country partners to assess what support is needed and how Interplast might be able to respond.

#### The numbers

2 online training participants

#### **Partners**

Da Nang Hospital

#### **Country Coordinator**

Dr James Masson



## Thank you:

## Our volunteers: the lifeblood of Interplast



Interplast's volunteers are the heart and soul of our organisation, and include plastic and reconstructive surgeons, some orthopedic surgeons, anaesthetists, nurses and allied health professionals. Without their expertise, commitment and dedication, providing direct treatment and training local health professionals across the Asia Pacific, Interplast could not achieve its purpose of repairing bodies and rebuilding lives.

Volunteers give so much more than just time on an Interplast program activity overseas. Interplast volunteers provide mentoring and ongoing support year-round. A number of our volunteers give an additional contribution as Country Coordinators, providing advice and input into Interplast program planning, monitoring and evaluation.

From the outset of the COVID-19 pandemic and throughout, our volunteers have been by our side, mobilising immediately to lend support to our local partners, providing increased mentoring and support, adapting to changed ways of engaging and connecting, many of them already on the front line of the response in Australia and New Zealand.

Additionally, many of our volunteers also support Interplast by serving on our Board, committees and working groups providing clinical governance and support, and through financial donations to the organisation.

#### Volunteers mobilised on overseas programs (74 total)

20 Surgeons

**14** Anaesthetists

25 Nurses

**15** Allied health professionals



16

Number of volunteers involved in the development & delivery of online mentoring & education content



"What's most important to me? We are building a legacy. From my first involvement in Nepal, it's always been about upskilling the locals. We try to be as hands-off as possible, encouraging the local surgeons to jump in and try. And they really appreciate it. We are training the next generation of microsurgeons."

#### Damien Grinsell, Plastic Surgeon

"Our local counterparts are exceptionally dedicated to their work, to improving health care for their country. With the training we offer, they use it to improve their own practices. From a clinical perspective - restoring hand function to a child is incredibly important and satisfying - you can change their life, taking them from not being able to do things for themselves, to being able to care for themselves and have a normal life."

#### David Pescod, Anaesthetist

"It's more than therapy – it's giving the locals the confidence to work with local medical teams and understanding that allied health is part of the whole team. Being part of their education, seeing the impact of what we do."

#### Megan Fitzgerald, Hand Therapist

"I volunteered for Interplast because I wanted to share my skills, knowledge and nursing experience with others who may not have had the same level of opportunity I have experienced. Nursing is a profession which is constantly evolving and there is always an opportunity to learn. I greatly value the time and knowledge my nursing peers have shared with me over the years and I wanted to be able to do the same for others in a new cultural environment."

#### Bree Pilgrim, Nurse Educator

"With the onset of the COVID crisis, safe overseas travel is not feasible at the moment. It is important that we keep in touch with our local counterparts and continue our involvement and teaching online. We have been able to establish an online teaching series involving the Masters and Doctorate trainees in Myanmar, with subjects chosen by our local counterparts, and delivered by previous volunteers who have been to Myanmar - who are familiar with the local situation and the local trainees."

#### Michael Leung, Plastic Surgeon

#### **SURGEON**

Agadha	Damian Marucci		
Wickremesekera	David Gillett		
Andrew Castley	Eugene Lim		
Ben Norris	George Pratt		
Cameron Keating*	Isaac Harvey*		
Charles Davis	loado Harvoy		

James Savundra John Greenwood\* Kirk Williams Kirstie MacGill Mark Moore

Mark Strahan
Michael Lo
Peter Maloney
Siddharth Karanth ~
Zac Moaveni

#### **ANAESTHETIST**

Indu Kapoor	Pieter Peach *	Suzy Cook
Joshua Hayes *	Robert Buckland	Yasmin Endlich*
Meg Connolly*	Sam Sha*	
Moira Rush	Stephen Kinnear	
	Joshua Hayes * Meg Connolly*	Joshua Hayes * Robert Buckland Meg Connolly* Sam Sha*

#### **NURSE**

Andrew Goyen*	Hayley Benbow	Mary Gow	Sadun Kithalogoda
Ash McCoy	Jan Rice	Mary-Jane Laing	Sam Jervios
Bree Pilgram	Jan Sloan	Megan Sanders	Shenai Hui*
Caroline McLoughlin	Josephine Luke	Nika Bennett*	Stacey Regan*
Frances Salita	Julie O'Donnell	Norma Schwalger*	Thao Phan
Gillian Bathgate	Lisa Thompson	Philippa Tesselaar	Vanessa Dittmar
Gillian Suter			

#### **ALLIED HEALTH**

Birgit Svens	Hannah Van Tuil	Nicola	Sarah Florisson
Chloe Wirth	Jenny Ball	Massy-Westropp*	Sarah Waldin*
Di Francis	Katie Anjou	Nikki Frescos	Sharon Goldby
Gillian Webb	Linda Fredheim	Penny McMahon	Suzanne Caragianis

Please note that the above list is of volunteers who undertook an overseas program activity during the financial year 2019-2020. We are grateful for the support of our many other active volunteers.

#### Volunteers involved in online education development and delivery

Andrew Castley Surgeon Tim Proudman Surgeon Craig Quarmby Surgeon Zac Moaveni Surgeon David Ying Surgeon Jan Rice Nurse James Masson Surgeon Karolin King Nurse Mark Moore Surgeon Rebecca Schrale Nurse Michael Leung Surgeon Jenny Ball Allied Health Randall Sach Surgeon Megan Fitzgerald Allied Health Simon Thomson Surgeon Suzanne Caragianis Allied Health

<sup>\*</sup> new volunteer in FY20 ~ volunteer went on more than one program

## **Thank you: Our partnerships**

Each year, Interplast continues to receive the support of many amazing individuals, groups and businesses who join us in raising funds and promoting the work of our organisation. Ultimately, it's these supporters who make it possible to achieve our purpose of repairing bodies and rebuilding lives in the Asia Pacific region. This year was no exception, and we thank each and every one of you.

# Our Corporate and Philanthropic Partners

Interplast is supported by some of Australia & New Zealand's most respected corporate and philanthropic partners. By partnering with the organisation, they demonstrate their commitment to providing life-changing care across the Asia Pacific region.

In 2019/20 we wish to thank and acknowledge:

- · Agility Logistics
- ANZ Trustees
- Avant
- · The Baker Foundation
- · Chemtronics Biomedical Engineering
- Device Technologies
- Edgbastion
- Filminera Resources Corporation
- Johnson & Johnson Medical
- · Leconfield Wines
- Medical + Optical
- Medtronic
- MicroCloudMinter Ellison
- The Noel & Carmel O'Brien Family Foundation
- The Orloff Family Charitable Trust
- OPC Health
- PanAust
- · Spellbrook Foundation
- Strvkei
- Therapist Support Laboratory (TSL)
- · Victor Smorgon Charitable Fund
- Village Cinema
- Vorotek



# Life-Changing Partnerships: Avant and Interplast New Fellow Placement Program

Since 2013, Avant and Interplast have been partners in the highly successful Student Placement Program. In 2019, we extended the program to provide a New Fellow Placement Program, offering a Younger Fellow the opportunity to gain hands-on experience alongside Interplast's volunteer medical teams.

Younger Fellow, plastic and reconstructive surgeon, Cameron Keating had planned to be involved with Interplast as soon as he finished his surgical training. Through Avant and Interplast's new partnership, he was awarded the opportunity to gain first-hand experience of working in a developing world context.

Cameron travelled to Laos in February 2020 with the Interplast team and

says his experience far exceeded his expectations.

"The pathology was advanced and at times overwhelming. However, the patients were so grateful for any help you could offer them and would patiently wait for days for their surgery. I went in thinking that a non-cleft trip would be predominantly hand and wrist surgery cases, but the cases are much more varied than I had expected.

The local plastic surgeons, interns, and residents were so keen to learn and were some of the best assistants that I've ever had.

Being involved in Interplast is a critical reminder of why most of us became doctors and surgeons in the first place."

### **Our Industry Partners**

To provide life-changing surgical and associated health services across the Asia Pacific region, Interplast Australia & New Zealand is supported by partners who collaborate with us and support our work. To each of the following organisations, we thank you for your contribution to repairing bodies and rebuilding lives.

- Australasian Foundation for Plastic Surgery
- · Australian Hand Therapy Association
- Australian and New Zealand Burn Association
- Australian and New Zealand College of Anaesthetists
- Australian Society of Anaesthetists
- Australasian Society of Aesthetic Plastic Surgeons
- Australian Society of Plastic Surgeons
- Children First Foundation
- Lifebox Foundation
- New Zealand Association of Plastic Surgeons
- New Zealand Society of Anaesthetists
- · ReSurge International
- Royal Australasian College of Surgeons
- Rotary Oceania Medical Aid for Children
- Rotary New Zealand World Service Limited

In addition to the businesses and foundations listed, we wish to acknowledge the suppliers and individuals with whom we regularly work, many of whom go above and beyond for us. Although there are too many to mention by name, we would like to particularly acknowledge Clinical Imaging, FL3P, Gippsland Broadband, Incredible Marketing, Left of Boom, PPT Managed Services, Praxhub and Rusty Assets. Every one of these suppliers is passionate about working with Interplast to change futures. We cannot thank them enough for their contribution.



# Life-Changing Partnerships: Lifebox Australia and New Zealand

Lifebox Australia and New Zealand (Lifebox ANZ) is a partnership between the Lifebox Foundation, Interplast, the Australian and New Zealand College of Anaesthetists (ANZCA), the Australian Society of Anaesthetists and the New Zealand Society of Anaesthetists. The partnership distributes pulse oximeters and associated training to hospitals across the Asia Pacific region.

Pulse oximetry is considered a minimum standard for safe anaesthesia. It monitors the level of oxygen in your blood, sounding an alarm at the slightest change. Importantly, it gives healthcare professionals life-saving seconds to act before organ failure, brain injury and death. Interplast, in conjunction with our colleagues at Lifebox, believe that every patient deserves a safer anaesthesia, and we are committed to ensuring pulse oximetry is available where most needed.

In 2019/20, we were delighted that the Lifebox Australia and New Zealand partnership was able to fund and distribute specialist pulse oximeters across the Asia Pacific region. Significantly, we distributed a large number of pulse oximetres to hospital partners across Laos and the Pacific Islands, to assist in the clinical response to COVID-19. This included 50 units to PNG, 20 to Tonga, 10 each to Samoa, the Solomon Islands, Laos, Vanuatu and Fiji and 35 to Micronesia.

Interplast would like to recognise the importance of its participation in the Australian Government's Australian NGO Cooperation Program (ANCP). With the support of the Australian Aid Program, and the many NGOs who are a part of it, Interplast is able to expand the scope and reach of its work.

# Our Community Partners

At its heart, Interplast is a community of passionate people, who come together to provide access to life-changing surgery and allied health treatments to those who would otherwise not be able to receive it.

Alongside our volunteers, local in-country partners, ambassadors and other partners, we are incredibly grateful to the many community groups who fundraise for us and promote our work in their own communities.



# **Life-Changing Partnerships:**With the help of our friends

The life-changing work of Interplast was given a significant boost this year when a group of committed supporters came together to host the inaugural Friends of Interplast Dinner in July 2019.

Hosted at the magnificent Carousel in Albert Park, the dinner raised funds to send a surgical team overseas to provide life-changing surgery for approximately 50 patients, and training and capacity building for local medical personnel.

We very much look forward to future Friends of Interplast's events.



### **Interplast 70s Gala**

Proudly hosted by Interplast volunteers and the magnificent team at St Vincent's Hospital – Ward 5 West, dancing shoes were donned in October 2019 to raise funds and promote Interplast's work across the Asia Pacific region.



# **Ambassador Jess Hosking runs New York**

The New York Marathon is perhaps not the typical off-season activity for most footballers, but for Interplast Ambassador Jess, and her twin sister, Sarah Hosking, November 2019 was an opportunity of a lifetime. With only six months of pre-race preparation, Jess and Sarah, set a goal to complete the event, and raised \$10,000 to support Interplast.

## Thank you: Our Rotary partnership

Rotarians were there in the beginning and they've been a constant throughout the decades. Interplast was initially established in 1983 as a joint project between Rotary District 980 (now 9800) and the Royal Australasian College of Surgeons. Today, Rotary clubs and districts remain vital partners of Interplast and we extend our deep thanks to each and every Rotarian, Rotary club and district dedicated to repairing bodies and rebuilding lives in the Asia Pacific region.

In acknowledging the significant contribution of Rotarians, we wish to particularly pay tribute to:

- The dedicated Rotarians who volunteer as Interplast District Chair within their assigned geographic region. Together, they have helped connect Interplast to Rotary clubs across Australia and New Zealand.
- The nine past District Governors who sit on the Interplast Rotarian Committee, providing strategic and highly valued advice to the Interplast Board and management teams on matters related to Rotary.
- The four past District Governors who are Company Members, and along with other members, responsible for electing the Board and holding it accountable.
- The two Rotarians who generously give their time and expertise as Directors of the Interplast Board.

 The many individual Rotarians who donate to Interplast through their club and district activities.

Together, the impact of Rotarians is significant, your legacy is lasting.

Every patient who receives treatment from an Interplast volunteer is there because of the initial vision of Rotarians. Every surgeon, anaesthetist, nurse, and allied health professional can offer their time and talent as a direct result of involvement from Rotarians, their clubs, and their districts.

The continued growth and strengthening of the reconstructive surgical workforce and allied health services across the Asia Pacific region can be directly linked to the successful support of Rotarians and the ongoing support of Interplast Australia & New Zealand.

Since 1983 Interplast has relied on the vision, support and passion offered by Rotarians. Today, we need you more than ever.

## **Life-Changing Partnerships: Recognising Rotary District 9675**



Like so many organisations navigating their way through the impacts of COVID-19, Rotary was no exception. District Governor of District 9675, Di North didn't let that stop her from her continuing dedication and passion for supporting the work of Interplast.

Having joined Rotary in 2008, Di became the President of the Rotary Club of Illawarra Sunrise in 2014 before embarking on further Rotary roles. In 2013, Di was appointed the Interplast District Chair and visited most clubs across the District to promote the work of the organisation.

Di's efforts saw in excess of \$90,000 raised to fund programs in both Fiji and Solomon Islands. Her connection to Interplast was further strengthened when Di witnessed an Interplast team in Tonga.

Upon becoming District Governor, Di's husband David, nominated Interplast as his partner project. Together they spoke about the impact of Interplast across the Asia Pacific region and promoted the importance of timely and accessible surgery.

Through the generosity of clubs and individual Rotarians in District 9675, the district raised enough funding to send an Interplast team to Myanmar. Additionally, they have partnered with other Rotarians to send a team to Philippines once travel restrictions ease.

To Di, David and every Rotarian across District 9675 who supported our work during 2019/20, we cannot thank you enough.

## **ROTARY DONATIONS 2019-20**

We acknowledge the following districts and clubs who generously donated during the 2019-20 financial year. Alongside these clubs, we want to thank the many individuals and businesses connected to Rotary who also support the work of Interplast, changing lives for the better.

#### **Rotary District 9455**

Balcatta Reaufort Dalkeith Freshwater Bay Kalamunda Mosman Park Northam Northbridge Osborne Park Swan Valley Welshpool

#### **Rotary District 9465**

Applecross Armadale Kenwick Rockingham Willetton

#### **Rotary District 9500**

Adelaide Innova Barossa Valley Clare Gawler Kapunda Prospect

#### **Rotary District 9520**

Goolwa Holdfast Bay Hyde Park St Peters Stirling

#### **Rotary District 9550**

Mossman

#### **Rotary District 9570**

Bundaberg City Daybreak Rockhampton North Walkerston

#### **Rotary District 9600**

Caboolture Hamilton Honiara

#### **Rotary District 9630**

Archerfield Ipswich City Salisbury Sunnybank Hills

#### **Rotary District 9640**

Boonah

#### **Rotary District 9650**

Gloucester Gunnedah

#### **Rotary District 9670**

East Maitland Morisset

#### **Rotary District 9675**

Blacktown City Bondi Junction Botany Bay Breakfast Point Camden Campbelltown Campsie Caringbah Concord Corrimal Cronulla Dapto Drummoyne Engadine Fairy Meadow Five Dock Granville Gregory Hills Next Gen Holroyd Hurstville Kiama

Kings Cross Liverpool Greenway Liverpool West Macarthur Sunrise Maroubra Marrickville Mt Druitt Narellan Parramatta

Picton

#### Rockdale City Shellharhour City

St George Next Gen St Marys Strathfield Sutherland

Sydney Sydney Cove West Wollongong Wollondilly North

#### **Rotary District 9685**

E-Club of Greater Sydney Hunters Hill North Sydney Northbridge Penrith Valley Ryde Springwood Wahroonga

#### **Rotary District 9700**

Cowra Griffith Wagga Wagga Wagga Wagga Kooringal

**Rotary District 9710** Batemans Bay Belconnen Canberra-Weston Creek Cooma Crookwell Ginninderra Goulburn Mulwaree Milton Ulladulla

#### **Rotary District 9780**

Pambula

Bayside Geelong Belmont Bordertown Drysdale Geelong East Hamilton North Horsham Kardinia Mount Gambier Lakes

Naracoorte

Ocean Grove Portland Portland Bay Queenscliffe Terang Torquay Warrnambool Warrnambool East Wendouree Breakfast

#### **Rotary District 9790**

Albury North Diamond Creek Eltham Heidelberg Lavington Preston

#### **Rotary District 9800** Bacchus Marsh

Bendigo Sandhurst Brighton North Canterbury Central Melbourne-Sunrise Daylesford Keilor Keilor East Melbourne Melton

#### **Rotary District 9810**

Bentleigh Moorabbin Central

Williamstown

Box Hill Burwood Box Hill Central Cheltenham Doncaster Forest Hill Glen Waverley Maroondah Mitcham Mont Albert & Surrey Hills Moorabbin Mount Waverley Nunawading Oakleigh Clayton Huntingdale Rotaract Club of Whitehorse

Wandin

Warrandyte Donvale

#### **Rotary District 9820**

Berwick Casey Dandenong Frankston North Frankston Sunrise Koo Wee Rup-Lang Lang Maffra Mitchell River

Morwell Mount Eliza

Seaford-Carrum Downs

#### **Rotary District 9830**

Devonport North Hobart Howrah Lindisfarne North Hobart

#### **Rotary District 9920**

Auckland Airport Auckland Harbourside Harold Thomas Rotary Trust Howick Otahuhu Parnell St Johns Waiheke Island

#### **Rotary District 9940**

Heretaunga Masterton

#### **Rotary District 9970**

Belfast Kaiapoi Christchurch Nelson West Riccarton

#### **Rotary District 9980**

The above listing reflects the clubs and districts that gave during the 2019-20 financial year. It may not include clubs whose funds were received after 1 July 2020. Whilst every effort has been made to accurately record these generous donations, we apologise for any that have been overlooked in error.

## Thank you:

## **Our Honoured Members**

Interplast's Honoured Members program, established in 2016, recognises individuals who have provided an exceptional service to the Interplast community. Honoured Members must have provided at least five consecutive years of extraordinary service and nominations are invited each year. Membership is awarded at Interplast's Annual General Meeting.

Congratulations to our 2019 Honoured Members.

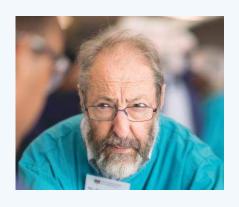
### **Mr & Mrs John and Judy Berends**

(Judy pictured second from left)

- Long-term supporters, have made significant contributions to Interplast, largely through the Rotary Club of Seaford-Carrum Downs.
- Have organised district wide fundraising events for Interplast and have also personally donated.
- Have participated as observers on programs. John and Judy both went to Labasa, Fiji in 2006, and Judy to Tonga in 2012.







#### **Mr Simon Donahoe**

- Surgeor
- First volunteered in 2004, has been on 23 programs to Fiji, Samoa, and regularly to PNG.
- Country Coordinator for PNG until his resignation in 2018.
- Presented for Interplast at various Rotary events.
- Regular faculty for the Pacific Island reconstructive surgical workshops held in Hobart and Suva.
- Played a significant leadership role in supporting plastic surgery training in PNG including long term support and mentoring of PNG trainees, both in Australia and in PNG.
- Led the development of PNG's first plastic surgery curriculum.

### Associate Professor Peter Haertsch AM

(Pictured right)

- Surgeon
- First Interplast trip in 1987 to Goroka, Papua New Guinea.
- Completed 47 programs to 13 countries with Interplast some years Peter participated in two or three programs a year.
- · Participated in programs at short notice.
- Regularly participates in surgical programs to Philippines, as well as capacity building programs, largely around burns development.
- Has fundrasied for Interplast and spoken at Rotary events and conferences.
- Peter encouraged Turia Pitt to become involved with Interplast.
   He was also involved in the 60 Minutes TV special with Turia and Interplast.



### **Mrs Deirdre McGlynn**

(Pictured left)

- Nurse
- First volunteered in 1990 to Solomon Islands.
- Has participated in 29 programs to countries including Vanuatu, Kiribati, Samoa, Philippines and Myanmar.
- Participated in needs assessments / support programs to Philippines and Myanmar.
- In Cagayan de Oro, she established relationships with University Nursing Faculties. Taught local nurses and students theatre sterile processes and mentored the nurse educators that accompanied them.
- Financially supported getting patients & their families to Cagayan de Oro and helping with the costs of their stay for treatment via Rotary.





### **Ms Kay Suter**

(Pictured right)

- Nurse
- First volunteered in 2005.
- Has been on 11 programs to countries including Vanuatu, Fiji and more regularly to PNG
- Has participated in programs on short notice
- Long-term commitment to developing nurse capacity in PNG, in particular Mt Hagen and Madang.
- Significant effort put into teaching & educational resources in PNG, particularly in the areas of sterilisation, infection control and hand hygiene.
- Provided significant support in setting up infection prevention control policies and practices in Madang.
- Retired as a volunteer at the end of 2018.
- Helped to raise awareness of Interplast in her hometown in Tasmania.

### Dr Shankar Rai - Nepal

- · Director of Kirtipur Hospital in Nepal.
- Championed the development of plastic and reconstructive surgery in Nepal and across the region, in particular microsurgery.
- Has been the backbone of Interplast activities in Nepal since they commenced in 2006 and continues to support the development of the program.
- Established the first Hand and Microsurgery Fellowship training in Nepal (prior to this, Nepali surgeons had to train overseas).
- Has been a pioneer and champion for burns care in Nepal, both in service delivery, advocacy, resources and training.
- Established the burns unit at Model Hospital and the Nepal Cleft and Burns Centre (Kirtipur Hospital).
- Worked with Interplast following the 2015 earthquakes in Kathmandu to provide local post-disaster surgical support.





### **Professor Moe Thuzar - Myanmar**

- Head of Department of Plastic, Maxillofacial and Oral Surgery at Yangon General Hospital.
- Has been involved with Interplast programs since they commenced in Myanmar in 2000 (as senior practising plastic surgeon), and in a significant leadership role since 2013, when programs resumed after a brief hiatus.
- Has been a champion for Interplast programs, and for establishing both a Masters and Doctorate of Plastic Surgery in Myanmar.
- Has championed the status of women in surgery in Myanmar, and has built a plastic surgical cohort which includes a number of women, in both junior and leadership positions.
- Led the transition of Interplast programs in Myanmar from a primarily service-provision program to one which focuses on training and mentoring - including expanding the surgical training to include nurses and anaesthetists.
- Plays a key role liaising between Interplast and Yangon General Hospital, Ministry of Health and University of Medicine 1, Yangon.

## **Our Organisation:**

## Governance, committees and staff

#### **Company Membership**

During the period of this report, the Company Membership has been constituted as follows:

Dr Michael McGlynn OAM MBBS FRACS

Royal Australasian College of Surgeons Nominee

Mr Keith Mutimer MBBS FRACS

Royal Australasian College of Surgeons Nominee

Professor David Watters AM OBE MB ChB FRCS (Edinburgh) FRACS Royal Australasian College of Surgeons Nominee

Past District Governor (PDG) Anne Brand OAM District 9630 Rotarian Nominee

PDG Brian Guest District 9465 Rotarian Nominee

PDG John Dodd District 9685 Rotarian Nominee (appointed February 2020)

PDG John Barnes District 9800 Rotarian Nominee

Mr David Inglis AM Bachelor of Arts, Bachelor of Laws Independent Nominee

Professor Mark Ashton MB. BS. MD FRACS Australian Society of Plastic Surgeons Nominee

#### **Board of Directors**

Mr Keith Mutimer Bachelor of Medicine, Bachelor of Surgery, Fellow Royal Australasian College of Surgeons

#### President

Dr Michael McGlynn OAM Bachelor of Medicine, Bachelor of Surgery, Fellow Royal Australasian College of Surgeons

Vice President

Mr John Georgakis

Bachelor of Business (Accounting), Member of the Institute of Chartered Accountants

## Treasurer & Vice President (Retired November 2019)

Mr Brian Guest

Company Management, Company Director

#### Secretary (Retired November 2019)

Mr Peter Caldwell

Diploma of Business Studies (Accounting), Chartered Accountant FCPA

#### **Treasurer**

Ms Marie Dorrington OAM Bachelor of Arts, Diploma of Education, Diploma of Teaching

#### Secretary

Dr Kirstie MacGill

Bachelor of Medicine, Bachelor of Surgery, Fellow Royal Australasian College of Surgeons, Diploma in Anatomy, Master of Surgical Education

#### Director

Ms Amy McLeod Bachelor of Laws, Bachelor of Commerce, Certificate in Governance Practice

#### Director

Ms Hayley Morris Bachelor of Arts (Communication)

#### Director

Dr Philip Ragg

Bachelor of Medicine, Bachelor of Surgery, Fellow Australia and New Zealand College of Anaesthetists

#### Director

Mr Paul Sundberg Bachelor of Economics (Honours), Chartered Accountant FCA

#### Director

Ms Emma Simson Bachelor of Pharmacy

#### Director (Appointed February 2020)

Mr John Dodd

Bachelor of Law and Economics

#### Director (Appointed April 2020)

Ms Margaret Jackson AC

Bachelor of Economics, Master of Business Administration, Honorary Doctor of Laws, Fellow Institute of Chartered Accountants, Fellow Australian Institute of Company Directors

Director (Appointed April 2020)

#### **Executive Committee**

The Committee consisting of the President, Vice Presidents, Secretary and Treasurer meets as required to provide strategic support to the CEO.

#### **Audit and Risk Committee**

The objective of the Audit and Risk Committee is to assist the Board of Directors to discharge its corporate governance responsibilities in relation to financial affairs and compliance with regulatory requirements.

- Mr Paul Sundberg (Chair)
- Mr Peter Caldwell
- Mr Grant Chisnall
- Mr John Georgakis (retired November 2019)
- · Dr Michael McGlynn

#### **Surgical Committee**

The Surgical Committee assists the Board of Directors to discharge its corporate governance responsibilities to exercise due care, diligence and skill in relation to clinical review and risk involved in the implementation of program activities.

- Dr Philip Ragg (Chair)
- Professor Mark Ashton
- Mr Chris Bennett
- Ms Gillian Dickinson
- Dr lan Hogarth
- Mr Damian Ireland
- · Mr James Leong
- Associate Professor Michael Leung
- Dr Kirstie MacGill
- Mr Peter Maloney
- Dr David Pescod AO
- Ms Robyn Price
- Mr Anand Ramakrishnan
- Ms Leonie Simmons
- Ms Melissa Woods

#### **Rotarian Committee**

The Rotarian Committee provides professional advice and assistance to the Board of Directors in relation to all matters pertaining to our relationship with Rotary Clubs and Districts across Australia and New Zealand.

- PDG Marie Dorrington OAM D9500 (Chair)
- PDG John Barnes D9810
- PDG Anne Brand OAM D9630
- PDG Gerard Blizzard D9830
- PDG John Dodd D9685
- PDG Brian Guest D9465
- PDG David Tolstrup JP D9810 (Appointed February 2020)'
- PDG Murray Verso D9800
- PDG Dr lain Wakefield D9920

#### **Supporter Engagement Committee**

The Supporter Engagement Committee assists the Board of Directors in relation to matters pertaining to fundraising, marketing and communication and supporter engagement strategies.

- Ms Hayley Morris (Chair)
- Mr Gary Ahmad
- Mr Grant Chisnall
- Ms Amy McLeod
- Mr Keith Mutimer
- Ms Emma Simson

## Monitoring and Evaluation Working Group

The Monitoring and Evaluation Working Group has an increased role in providing professional advice and assistance to Interplast in monitoring and evaluating all Interplast's activities and functions.

- Mr Cameron Glover
- Ms Jess Hill
- Mr Peter Huggan
- Ms Prue Ingram (retired December 2020)

#### **Nurse Working Group**

The Nurse Working Group provides clinical and educational advice and assistance to Interplast on the development and evaluation of Interplast nurse education activities.

- Ms Leonie Simmons (Chair)
- · Ms Gillian Dickinson
- Ms Angela Doherty
- Mrs Linda Ferguson
- Ms Christine Hunter
- · Ms Karolin King
- Ms Hana Menezes
- Ms Jo Oxbrow
- Ms Jan Rice
- · Ms Daisy Sargeant
- Ms Annette Tarabaras

#### **Allied Health Working Group**

The Allied Health Working Group provides clinical and educational advice and assistance to Interplast on the development and evaluation of Interplast program activities that include components of hand therapy, physiotherapy and burns rehabilitation.

- Ms Jess Hill (Chair)
- Ms Katie Anjou
- Ms Jennifer Ball (Allied Health Coordinator - Pacific)
- · Mrs Shirley Collocott
- Ms Yvonne Fellner
- Ms Megan Fitzgerald
- Ms Sarah Florisson
- Ms Diana Francis (joint Allied Health Coordinator - Asia) (from November 2019)
- Ms Sharon Goldby (Allied Health Coordinator - Asia) (to November 2019)
- Ms Kylie Harrison
- Ms Brodwen McBain
- Ms Penny McMahon
- Ms Beth McNeish (joint Allied Health Coordinator - Asia) (from November 2019)
- Ms Melissa Parkin

#### **Interplast Staff**

#### Current staff as at 30 June 2020

Cameron Glover, Chief Executive Officer

Matthew Blanks,

Program Activities Coordinator

Alison Chan,

Finance Assistant

Rebecca Dash,

**Fundraising Coordinator** 

Janette Etherington,

Rotarian Engagement Coordinator

Jess Hill.

Program Manager

Peter Huggan, Finance Manager

Thomas Loporto,

Senior Program Activities Coordinator

Zoe Martin

Equipment Assistant

Lindsay Morton,

Program Activities Coordinator

Isabella Muto,

Donor Insights and Analytics Officer

Leonie Simmons,

Equipment and Supplies Coordinator

## Interplast thanks the following staff who worked for part of the financial year

Prue Ingram, Connie Monteleone, Sophie Marcard

The organisation wishes to particularly acknowledge the leadership and guidance provided by former Chief Executive Officer, Prue Ingram. Her tenure as Chief Executive Officer was a successful period in the organisation's history. We wish her every success in her future endeavours.

#### Interplast ambassadors

Turia Pitt

Mike Rolls

Jess Hosking

## **Our organisation: Our finances**

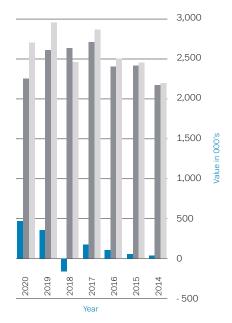
#### Year in review

Interplast recorded an operating surplus of \$460k for FY20. The surplus was largely due to recognition of income (\$457k) which is committed to future program expenditure. Early recognition of income was required to comply with Australian Accounting Standards (AAS).

It is expected that the AAS requirements for income recognition will result in volatility in Interplast's operating results from year to year. The total impact on operating performance is noted in our financial accounts.

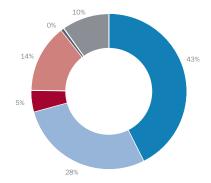
The environmental impacts of Bushfires and the global COVID-19 pandemic resulted in a decline in total revenue for the year of \$283k. In addition, Interplast suspended deployment of programs in March, due to the emerging pandemic, which resulted in deferral of over \$500k in programming. Program support costs increased for the year due to a shift to remote education, training, and mentoring.

COVID-19 also led to a decrease in fundraising expenses due to an inability to run events or other face-to-face fundraising campaigns.



#### Seven-year performance comparative





## Where the money comes from

\$ 1,157,822 Community & Corporate Support

Income received from the Australian public and corporations in the form of donations, fundraising and bequests.

\$ 765,445 DFA

DFAT

Grants received from the DFAT Australian NGO Cooperation Program (ANCP) and Pacific Islands Program (PIP).

\$ 122,027

**Australian Organisations & Trusts** 

Income received from other Australian organisations, trusts and foundations.

\$ 386,400

**Rotary** 

Donations received from generous Rotarians through their clubs and districts across Australia & New Zealand.

\$ 9,362

**International Organisations** 

Income received from overseas corporations & trusts.

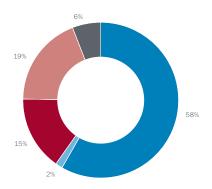
\$ 277,408

Other Income

Income received from in-kind donations, interest and Government support.

\$ 2,718,464

**Total income** 



### Where the money is spent

\$ 1,316,303

#### **International Programs**

Includes all expenses and support costs associated with our international program delivery.

\$ 33,397

#### **Domestic Programs**

Costs relating to support and training of international health care staff in Australia.

\$ 349,376

#### Operations

Covers administrative and other costs inherent in running an organisation, including staff time in the areas such as finance, office administration, insurance premiums, rent, consultancy fees and other running costs.

\$ 426,248

#### **Fundraising & Marketing**

Costs associated with attracting more support through donations, sponsorships and community awareness. This includes costs such as staff time, events, advertising, mail-outs, website, and the processing of donations.

\$ 133,129

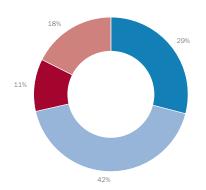
#### **Community Education**

Costs relating to increasing awareness and educating the Australian community about humanitarian and development issues.

\$ 2,258,453

#### **Total costs**

Further details are available in our full financials which can be accessed at www.interplast.org.au



## The real value is priceless

\$ 924,344

**\*Volunteer Services** 

771,360

34 surgeons and anaesthetists for a total of 241.6 days

64,850

13 allied health specialists and nurse educators for

a total of 136.5 days

88,134

21 nurses for a total of 222 days

\$ 1,349,700

**International and Domestic Programs** 

\$ 349,376

**Operational** 

\$ 559,377

**Fundraising & Marketing** 

\$3,182,797

Real value

<sup>\*</sup> The value of volunteer services reported in the financial accounts is based on rates determined by the Department of Foreign Affairs and Trade (DFAT) which, given the highly specialised nature of our volunteers, is a significant underestimation. The above figures represent a more realistic, although still conservative estimate. This chart illustrates the real impact if Interplast had to pay for this invaluable expertise.

The above figures include total Australian and New Zealand medical volunteers in FY20.

## **Our organisation: Financial statements**

## **Summary financial statements**

The summary financial statements have been prepared in accordance with requirements set out in the ACFID Code of Conduct. For further information on the Code please refer to the ACFID Code of Conduct Guidance available at www.acfid.asn.au or by emailing contactus@interplast.org.au. Further details are available in our Annual Financial Report which can be accessed at interplast.org.au.

2020 (4)

2010 (4)

## Statement of comprehensive income

For the year ended 30 June 2020

	2020 (\$)	2019 (\$)
REVENUE		
Donations & Gifts - Monetary	1,277,205	1,111,072
Donations & Gifts - Non Monetary	101,316	77,636
Bequests & Legacies	219,185	268,117
Grants		
- Government - Department of Foreign Affairs & Trade	765,445	949,890
- Other Australian	169,858	422,032
- Overseas	9,362	65,485
Interest	46,833	59,520
Other Income	129,259	2,720
Total revenue	2,718,463	2,956,472
EXPENDITURE		
International aid and development programs expenditure		
International Programs		
- Funds to international programs	937,821	1,307,197
- Program support costs	352,463	209,721
Community Education	133,129	137,500
Fundraising Costs		
- Public	410,846	438,708
- Government, Multilateral and Private	15,402	22,013
Accountability and Administration	349,376	380,822
Non-Monetary Expenditure	26,019	56,895
Total international aid and development expenditure	2,225,056	2,552,856
Domestic programs	33,397	60,226
Total expenditure	2,258,453	2,613,082
Excess of revenue over expenditure	460,010	343,390
Total comprehensive income	460,010	343,390

## **Statement of financial position**

For the year ended 30 June 2020		
	2020 (\$)	2019 (\$)
ASSETS		
Current assets		
Cash and cash equivalents	3,457,481	2,779,834
Receivables	4,119	101,377
Prepayments	34,293	92,325
Inventories	5,067	4,552
Total current assets	3,500,960	2,978,088
Non-current assets		
Property and equipment	129,714	92,588
Total non-current assets	129,714	92,588
TOTAL ASSETS	3,630,674	3,070,676
LIADIUTIES		
<b>LIABILITIES</b> Current liabilities		
	70 200	106 510
Payables Deferred income	72,308 346,613	126,518 210,245
Provisions	118,908	101,982
FIUVISIONS	110,900	101,962
Total current liabilities	537,829	438,745
Non-current liabilities		
Provisions	5,579	4,675
Total non-current liabilities	5,579	4,675
TOTAL LIABILITIES	543,408	443,420
NET ASSETS	3,087,266	2,627,256
EQUITY		
General Reserve	1,200,000	500,000
Retained Earnings	1,887,266	2,127,256
TOTAL EQUITY	3,087,266	2,627,256

## Statement of change in equity

For the year ended 30 June 2020

	\$	\$	\$
	Retained Earnings	General Reserve	Total
Balance at 1 July 2018	1,783,866	500,000	2,283,866
Comprehensive income for the year	343,390	-	343,390
Balance at 30 June 2019	2,127,256	500,000	2,627,256
Comprehensive income for the year Reserve Transfer	460,010 (700,000)	- 700,000	460,010
Balance at 30 June 2020	1,887,266	1,200,000	3,087,266

### **Australian Volunteers**

For the year ended 30 June 2020

	2020 (\$)	2019 (\$)
39 Medical Specialists for a total of 265.6 days 43 Allied Health Specialists, Nurse Educators and Nurses for a total of 316.5 days	142,787 103,325	452,384 225,740
Total Value of Volunteer Services	246,112	678,124

#### Recognised Development Expenditure: Value of Volunteer Services

The value of volunteer services is not included in the accounts. However, for the purposes of claiming DFAT Recognised Development Expenditure the following information has been prepared in accordance with the rates approved by DFAT.

## Our organisation: Auditor's report



## REPORT OF THE INDEPENDENT AUDITOR ON THE SUMMARY FINANCIAL STATEMENTS TO THE MEMBERS OF INTERPLAST AUSTRALIA & NEW ZEALAND

#### Opinion

The summary financial statements, which comprise the balance sheet as at 30 June 2020, the income statement, the summary of cash movements and the statement of changes in equity for the year then ended, and related notes are derived from the audited financial report of Interplast Australia & New Zealand for the year ended 30 June 2020.

In our opinion, the accompanying summary financial statements are consistent, in all material respects, with the audited financial report, in accordance with the requirements of the relevant Australia Accounting Standards, Division 60 of the Australian Charities and Not-for-profits Commission Act 2012 and the disclosure requirements set out in the ACFID Code of Conduct

#### **Summary Financial Statements**

The summary statements do not contain all the disclosures required by the relevant Australia Accounting Standards, the Australian Charities and Not-for-profits Commission Act 2012 and the disclosure requirements set out in the ACFID Code of Conduct. Reading the summary financial statements and the auditor's report thereon, therefore, is not a substitute for reading the audited annual financial report and the auditor's report thereon. The summary financial statements and the audited financial report do not reflect the effects of events that occurred subsequent to the date of our report on the audited financial report.

#### The Audited Financial Report and Our Report Thereon

We expressed an unmodified audit opinion on the audited financial report in our report dated this 6th day of October 2020. That report also includes an Emphasis of Matter which describes the basis of accounting which draws attention to the financial report being for the purpose of fulfilling the Company's financial reporting responsibilities under the Australian Charities and Not-for-Profits Commission Act 2012 as outlined in Note 1 to the audited financial report, and as a result, the financial report may not be suitable for another purpose. Our opinion was not modified in respect of this matter.

#### Director's Responsibility for the Summary Financial Statements

The Directors of the company are responsible for the preparation and fair presentation of the summarised financial statements in accordance with the requirements of the relevant Australia Accounting Standards, Division 60 of the Australian Charities and Not-for-profits Commission Act 2012 and the disclosure requirements set out in the ACFID Code of Conduct. This responsibility includes establishing and maintaining internal control relevant to the preparation and fair presentation of the summarised financial report.

#### Auditor's Responsibility

Our responsibility is to express an opinion on whether the summary financial statements are consistent, in all material respects, with the audited financial report based on our procedures, which are conducted in accordance with Auditing Standard ASA 810 Engagements to Report on Summary Financial Statements.

ACCOUNTANTS & ADVISORS

Level 20, 181 William Street Melbourne VIC 3000

Telephone: +613 9824 8555 williambuck.com

William Buck Audit (Vic) Pty Ltd

ABN 59 116 151 136

William Back

J.C. Luckins

Dated this 6th day of October 2020

William Buck is an association of firms, each trading under the name of William Buck across Australia and New Zosland with offiliated offices worldwide. Liability limited by a scheme approved under Professional Standards Logislation other finan for acts or omissions of the ancietal survices discresses.



## **Our organisation: Accountability**

Interplast operates in a highly regulated environment, with laws, regulations, licences and codes of conduct that we need to comply with to ensure we remain accountable to the community in our funding countries, and in our program countries.

#### In our program countries

We comply with all the regulations and expectations of each country in which we work. We ensure that all medical volunteers have relevant medical registrations, along with the correct visas. We also comply with all Customs requirements regarding medical equipment and supplies. We abide by all local laws and protocols, along with following the work practices of our partner hospitals. We only go where we have been invited and have the approval of local authorities.

## Australian Charities and Not for Profit Commission



As a registered charity, Interplast is required to comply with the Australian Charities and Not for Profit Commission (ACNC) Act 2012. This includes complying with Australian Accounting standards and other mandatory professional reporting requirements.

#### **Australian Taxation Office**

The Australian Taxation Office has given Interplast the status of a Deductible Gift Recipient, granted exemption from Income Tax and provided concession for Fringe Benefits Tax and GST. Reporting requirements comprise mainly annual fringe benefits tax returns, quarterly Business Activity Statements and monthly pay-as-you-go (PAYG) submissions.

## Australian Securities and Investments Commission

As a public company limited by guarantee, Interplast is required to comply with the regulations of the Australian Securities and Investments Commission.

#### **DFAT Accreditation**



Interplast is accredited by the Australian Government Department of Foreign Affairs and Trade (DFAT), which is responsible for managing the Australian Government's aid program. To maintain accreditation, Interplast's systems, policies and processes are rigorously reviewed by the Australian Government every five years. Accreditation ensures the transparent and accountable use of funding, and covers our entire portfolio, including non-development activities and activities that are not funded by DFAT.

As an accredited agency and trusted recipient of funds, Interplast receives support from DFAT through the Australians NGO Cooperation Program (ANCP).

#### **ACFID**



Interplast is a member of the Australian Council for International Development (ACFID) and a signatory to the ACFID Code of Conduct. ACFID is the peak body for aid and international development NGOs and its code of conduct upholds the highest standards of ethics, effectiveness and accountability. For further information about the Code, please refer to the ACFID Code of Conduct Guidance Document available at acfid.asn.au.

Complaints relating to a breach of the ACFID Code of Conduct by an ACFID member can be made to the ACFID Code of Conduct Committee (www.acfid.asn. au/code-of-conduct/complaints).

#### **Fundraising**



Fundraising licenses are required by all states in Australia in order to raise funds within their borders.

Interplast holds all required licenses and complies with the requirements associated with these licenses, which include such conditions as providing extra reporting to particular states. Interplast is a member of the Fundraising Institute of Australia (FIA) and complies with the FIA Code of Conduct.

#### **Complaints**

Interplast has a process for handling any complaints. The complaints policy and process can be found on our website at interplast.org.au. If you wish to lodge a complaint about Interplast, send an email to contactus@interplast.org.au, phone our office on 03 9249 1231 or mail the office listed on the back cover of this report.

#### Registered office

Minter Ellison Lawyers Level 23 Rialto Towers 525 Collins Street MELBOURNE VIC 3000

#### **Bankers**

Westpac

#### **ABN**

59 006 155 193



our organisation.

More than ever, in these challenging and uncertain times, we need your support to ensure our life-changing work can continue.

interplast.org.au/donate



Interplast Hand Therapist, Sharon Goldby, with a young Lao patient during a visit to Vientiane in Feburary 2020.

#### Interplast Australia & New Zealand

Royal Australasian College of Surgeons Building 250 - 290 Spring Street

T +61 3 9249 1231 contactus@interplast.org.au www.interplast.org.au









